

Richmond Family & Friend Caregiver Hub

December 2025 Events Calendar

RICHMOND CARES  RICHMOND GIVES
Richmond Family &
Friend Caregiver Hub



To register or learn more, please call 604 279 7099 , email caregivernavigator@rcrg.org or fill up an [online form](#)

Mon	Tue	Wed	Thu	Fri
1	2 2:00-4:00pm <u>Christmas Flower Arrangement Workshop (English RCP#340).</u>	3 2:00-4:00pm <u>Healthy Cooking Class (English RCP#340).</u>	4 2:00-4:00pm <u>**Advanced Painting (English RCP#320).</u>	5 10:00-11:00am <u>Arm Chair Yoga (English/Zoom).</u> 2:00-4:00pm <u>Introduction to Chinese Calligraphy (Cantonese RCP#340).</u>
8 2:00-4:00pm <u>Manage Stress with Mindfulness (English/Mandarin RCP#340).</u>	9 12:45-2:45pm <u>Handmade Christmas Card Workshop (English/Mandarin RCP#340).</u>	10 11:00am-1:00pm <u>DIY Christmas Stars Decoration Workshop (English/ Cantonese RCP#340).</u>	11 10:00am-12:30pm <u>Introduction to Watercolor (English RCP#340).</u>	12 2:00-4:00pm <u>DIY Soap Making Workshop (English/Mandarin RCP#340).</u>
15 10:00am-12:00pm <u>Introduction to Chinese Ink Painting (English/Cantonese RCP#340).</u>	16	17	18 10:30am-12:30pm <u>DIY Christmas Vintage Decoration Card Workshop (English/Mandarin RCP#340).</u>	19 10:00-11:00am <u>Breath Work & Meditation (Punjabi/Zoom).</u>
22	23	24	25 Holiday	26 Holiday
29 Office Closed for the Holidays	30 Office Closed for the Holidays	31 Office Closed for the Holidays		

****Admission for Advanced Painting class has to be recommended by the facilitator and completed the Introduction to Watercolor class**

These free workshops are to promote the health and well-being of unpaid caregivers for seniors (55+ yrs) live at home in Richmond

