

Avoiding and Coping with Heat-related Illnesses (Zoom)

Presented by

Richmond Family & Friend Caregiver Hub



Older people are at significant risk of heat-related illnesses in summer. In this Zoom workshop, you will get practical tips on how to prevent heat illnesses, and learn to recognize and address them.



June 16 (Thu.), 10:00 - 11:00 AM

Topic:

Avoiding and Coping with Heat-related Illnesses

Guest Speakers:

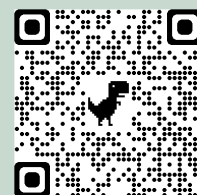
Denise Perron

Registered Nurse of Vancouver Coastal Health

Language: English

Free registration:

Please call **604-279-7099** or email caregivernavigator@rcrg.org
or scan for easy online registration →



United Way
Healthy Aging



Family Caregivers
of British Columbia

