

## OPERATION MANUAL

# Diy Lotion Workshop

### Ingredients for 130 ml creamy lotion

7.5 ml Glycerin  
20 ml Olive oil  
100 ml Distilled water  
2 ml Emulsifier  
0.5 ml Preservative  
5-10 drops of essential oil

Use alcohol to disinfect all the equipment you will use, volumetric cup, stirring spoon, measuring spoon, syringe, and lotion container

Use a marker to mark the 130 ml line on the volumetric cup

Measure the glycerin and olive oil and put into the volumetric plastic cup, mix well

Add distilled water to glycerin and olive oil to reach the mark of 130ml line, mix well again

Add emulsifier, continue to mix and stir until creamy, need a few minutes to reach the desired texture

Add preservative and essential oil, mix well, then transfer the lotion to the container

Prepared by  
Virginia Chan

