

# Do you feel that your *memory* or *attention* are not quite as good as they used to be?

Would you like your memory, attention or mood to be better ...  
**...without having to work at it?**



Our *Power of the Arts* study wants to find out if listening to music you love (alone or with a friend/relative) or listening to writings that speak to you might improve memory, attention, mood, or creative problem solving.

## We are looking for adults 55+ to join our study!

Participation is **FREE**.

No traveling required - we can come to you.

All participants will receive a free audio player to keep.



If you or anyone you know **MIGHT** be interested in participating, please scan the QR code below, call us at **(604) 822-7404** OR email us at [jrchan01@student.ubc.ca](mailto:jrchan01@student.ubc.ca).

Contacting us in no way commits you to participate.

Even if you do decide to participate, you can choose to stop participating at any time.

