Thankful Hearts

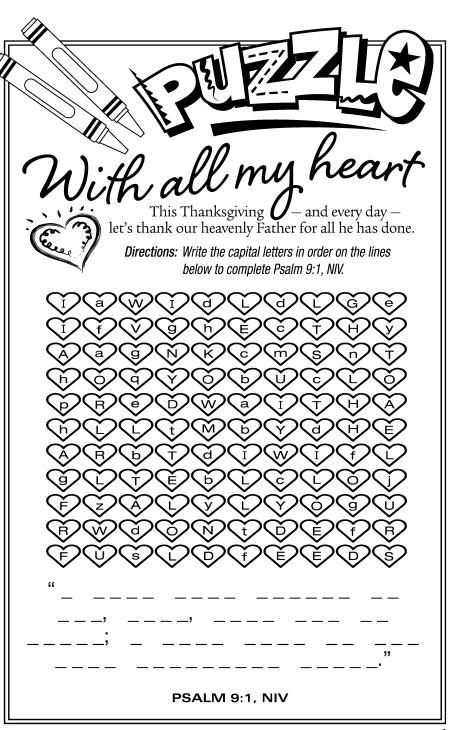
Make table decorations that serve as Thanksgiving conversation-starters.

What you need:

- Paper and pencil
- Scissors
- Cloth or felt
- Needle and thread
- Sewing machine (optional)
- Fiber fill, cotton balls or rice
- Adult help



- 1. Cut out a heart pattern (any size) on paper. Allow 1/4" for a seam if you'll be using a sewing machine.
- 2. Cut out material hearts, placing pieces right sides out if sewing by hand and right sides together if using a machine.
- 3. For hand-sewing, use a running stitch or an overcast stitch. Leave an opening for stuffing.
- 4. With a machine, sew along a 1/4" seam, allowing a 1" opening so you can turn the heart inside out and insert stuffing. Trim close to seam but don't cut stitching.
- 5. Fill with stuffing. Sew the opening shut by hand.
- 6. Put a heart at each place setting. Before dinner, have guests pick theirs up and say why they have a thankful heart.



Answer: "I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds." Psalm 9:1, NIV