

## **Evening Blessing**

*You may make the sign of the cross.*

I am a beloved child of God, marked with the cross of Christ forever.  
Come to me, all you that are weary . . . and I will give you rest. (Matt.  
11:28)

Thank you, gracious God, for the gift of this coming night.

Restore me with your right spirit.

Calm my mind.

Quiet my heart.

Enfold me with your bountiful mercy.

Protect me from all harm, that I sleep assured of the peace found in  
you alone.

I ask this in the name of Jesus, who gives us rest. Amen.