

**THE
NEW YORK FOUNDLING
VINCENT J. FONTANA CENTER
FOR CHILD PROTECTION**

INVITES YOU TO APPLY FOR THE 21ST ANNUAL

**WILLIAM RANDOLPH HEARST PROGRAM
FOR SOCIAL WORKERS, NURSES, MENTAL HEALTH
COUNSELORS AND OTHER SOCIAL SERVICE AND HEALTH
CARE PROVIDERS IN THE
PREVENTION OF CHILD MALTREATMENT**

AUGUST 2019 – DECEMBER 2019

TRAINING LOCATION:

590 AVENUE OF THE AMERICAS NEW YORK, NY

For more information: VISIT WWW.NYFOUNDLING.ORG/FONTANA-CENTER



ABOUT THE SPONSORS

THE NEW YORK FOUNDLING has been empowering children and families since 1869.

THE VINCENT J. FONTANA CENTER FOR CHILD PROTECTION The mission of the Vincent J. Fontana Center for Child Protection is to prevent child maltreatment and promote the well-being of at-risk children through advocacy, professional development, public education, research and partnering with other like organizations and national leaders.

THE WILLIAM RANDOLPH HEARST PROGRAM FOR THE PREVENTION OF CHILD MALTREATMENT is made possible through the generosity of the William Randolph Hearst Foundation. It is a professional development program for social workers, graduate social welfare students, case workers, nurses, school counselors and other professionals looking to learn about the field of child maltreatment prevention. Sessions include presentations on both theory and practice, and provide practical tools for service providers.

PROGRAM OVERVIEW

The program consists of 13 2-hour sessions, plus graduation. Applicants must register for the entire 14-week program. The training program will offer participating professionals the opportunity to acquire or enhance the competencies, skills and insights necessary to effectively work with and for children and families who are at-risk for child maltreatment and/or involved in the child welfare system. Upon successful completion of the program, participants will receive a Certificate of Completion. Successful completion of the program includes attendance at all weekly training sessions with only two allowable absences (however please note policy below for students requesting continuing education contact hours), and developing and presenting a didactic “leadership project” on one of the topics covered in this program. Class participants will complete and submit their leadership projects before the final class meeting, and each participant will make a brief presentation about their leadership project on the last night of the program.

PROGRAM COST

Each year, the program will select qualified social workers, case workers, nurses and other health care and social service professionals on a first come, first serve basis for acceptance. All participants must pay a \$145.00 enrollment fee. The additional cost of this program is supplemented through the generosity of the William Randolph Hearst Foundation. There is no enrollment fee for New York Foundling, Good Shepherd Services, Little Flower Children and Family Services of New York staff and APSAC members. If you are not currently an APSAC member, but wish to join APSAC and have the enrollment fee waived please see APSAC membership link.

Cancellation Policy: Registered participants can cancel enrollment up until one week prior to the program start date and receive a full refund of the enrollment fee. Cancellation request must be submitted in writing to Leslie Schmerler at Leslie.schmerler@nyfoundling.org

PROGRAM TIMES, LOCATION AND AGENDA

All sessions will take place from 5:30pm-7:30pm on Wednesday evenings, from August through December. The program will be held at the headquarters of The New York Foundling and Fontana Center, located at 590 Avenue of the Americas in Manhattan. During each session, the presenter will provide a presentation that is both engaging and informative.

CONTINUING EDUCATION FOR SOCIAL WORKERS AND MENTAL HEALTH COUNSELORS

The Fontana Center's Hearst Program is recognized as a provider of social work and mental health counselor continuing education credits, for LMSW's LCSW's and Mental Health Counselors by the New York State Education Department. Participating licensed social workers and mental health counselors who complete the program will receive 18 contact hours in the course, and the certificate of completion provided at graduation will clearly note the 18 credits awarded. Students looking to receive continuing education contact hours must not miss more than one of the credited sessions. In addition, any one session missed must be made up by review of the speaker's Power Point and/or other presentation materials as well as submission of a 1-page minimum overview of the main points of the lecture and how they apply to the student's current or future work.

FINAL LEADERSHIP PROJECT

The final required leadership project will be an opportunity for all participants to demonstrate their knowledge of one of the Hearst workshops by providing a training workshop of their own to a group of professionals, parents or other approved groups. Fontana Center staff will be available for assistance in choosing a topic and finding a suitable setting for this training workshop. Participants will be required to write a one-page paper describing the topic they chose, the training setting, the materials that were utilized, and feedback about the outcome of the workshop.

SESSION DESCRIPTIONS

History and Cultural Implications of Child Maltreatment and Child Welfare

Wednesday, August 28, 2019

This workshop covers highlights in the history of the field of child welfare, primarily focusing on the United States. Details on how the U.S. child welfare system developed and how it has changed over time, as a result of the political and economic context as well as other relevant factors will be provided. The term “maltreatment syndrome,” as coined by Dr. Vincent J. Fontana, will be covered as part of the history of the field. We will discuss cultural factors and the concept of cultural relativism, in relation to how they have impacted the field of child welfare over time.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Jessica D. Warner, L.M.S.W., M.A.

Legal Definitions of Abuse and Neglect

Wednesday, September 4, 2019

This workshop will begin with an overview of Family Court as well as the types of cases that are heard by judges. The presentation will then focus on the child protective practice in Family Court and participants will learn the legal definitions of abuse and neglect as defined in the Family Court Act. The discussion will revolve around the evidence lawyers look for when deciding whether to file a case in Family Court or whether a judge can make a finding of abuse or neglect based on the evidence presented.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Vineet Chawla, Esq.

Effective Program Models for the Prevention of Child Maltreatment

Wednesday September 11, 2019

This workshop will highlight effective program models for the prevention of child maltreatment. There are quite a few prevention methods used to effectively address and mitigate various types of child maltreatment. Understanding the differences in these models according to maltreatment type is useful for practitioners in conducting child and family assessments and recommending services. Additional focus will be on reviewing the factors related to child maltreatment and prominent evaluated prevention models. We will review the risk factors, the absence of which could be considered protective factors. Examples of highlighted models are Home Visiting Interventions, Parent education programs, school and child-care based interventions, and community level interventions. Finally, there will be a discussion regarding barriers to child maltreatment prevention programming. *Continuing education credits will **NOT** be granted for completion of this workshop.

Workshop leader: Darcey Merritt, Ph.D.

**What's New in Child Sexual Abuse Prevention and How to make it Work for You
Wednesday, September 18, 2019**

From Erin's Law to Sex-Wise Parenting, innovations in child sexual abuse prevention policy and practice are available to help keep children safer. This workshop will review current innovations in policy and practice, and end with a focus on how professionals in child welfare and protection can support parents to promote sexual health and safety in their homes and community.

*Continuing education credits will **NOT** be granted for completion of this workshop.

Workshop Leader: Janet Rosenzweig, Ph.D.

**A Clinician's Guide to Corporal Punishment
Wednesday, September 25, 2019**

The workshop will review the history of corporal punishment use and acceptance in society throughout the ages, describe the current laws which address the issue in various regions in the US as well as other countries, discuss the current literature about the effects of corporal punishment on children, review risk factors for corporal punishment, describe alternatives to corporal punishment and strategies to promote safe discipline practices. Drs. Cahill and Hoffman-Rosenfeld will use case vignettes to engage participants in an interactive discussion.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leaders: Jamie Hoffman-Rosenfeld, M.D. and Linda Cahill, M.D.

**An Overview of Cyber Crimes against Children
Wednesday, October 2, 2019**

This workshop will explore a variety of crimes against children and how cyberspace plays a role in those crimes, including online sexual predators, online child pornography and sexting. The presentation will also cover various methods to help professionals spot warning signs and help families who are dealing with these issues, as well as include information about how the criminal justice process deals with such crimes.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Heather Buchanan, Esq.

Psychological Maltreatment

Wednesday, October 16, 2019

Participants will learn about the history of the concept of psychological maltreatment as well as the five primary forms of psychological maltreatment and the research documenting their negative consequences for children's development. Examples will be provided of each type of psychological maltreatment in order to provide participants with a complete understanding of the many manifestations this type of child maltreatment can take, relying on the revised definition developed by the American Professional Society on the Abuse of Children.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leaders: Amy J. L. Baker, Ph.D. and Mel Schneiderman, Ph.D.

Medical Evaluation of Child Maltreatment: Focus on Medical Neglect, Failure to Thrive and Sexual Abuse

Wednesday, October 23, 2019

Participants will understand the medical evaluation for child maltreatment, including procedures for obtaining history, physical examination findings and laboratory tests. This workshop will provide an overview of normal general and anogenital anatomy and variants as well as changes that can occur after sexual abuse and neglect. The role of documentation, multidisciplinary approaches to assessment, and current guidelines for diagnosis, treatment and reporting will be reviewed. The assessment and ramifications of failure to thrive and medical care neglect will also be discussed, as well as cultural practices and alternative or complimentary practices.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Vincent J. Palusci, M.D.

Recognizing, Understanding, and Working with Children, Adolescents, and Families, Who Have Experienced Trauma

Wednesday, October 30, 2019

This workshop will provide participants with a functional knowledge of trauma to guide and enhance work with children and their families. Training will enhance understanding of: 1) various categories or types of trauma with accompanying symptomatology, 2) the neurobiology of trauma, 3) an approach to working with trauma that encompasses the various systems impacting those traumatized, and 4) basic interventions and roles of those creating safety and healing. The workshop will incorporate case examples and experiential learning.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Mary Katherine Boncher, Ph.D.

Evidence-Based Practice for Trauma-Specific Trauma Treatments for Maltreated Youth

Wednesday, November 6, 2019

This workshop will provide an overview on evidence-based trauma treatments for maltreated youth, describing the criteria by which interventions are evaluated, in the context of dissemination efforts. Treatments that have been identified as well-established (e.g., Trauma-focused CBT) will be discussed in the context of common elements (e.g., Weisz et al., 2012) as they relate to issues of fidelity and dissemination. Issues of training (e.g., organizational capacity), therapist (treatment adherence, attitude toward new intervention), fidelity and adaptations (e.g., cultural, systems, setting) will be incorporated.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Komal Sharma-Patel, Ph.D.

Road to Success: How Individualized Educational Support Builds Resilience for Students Living in Foster Care

Wednesday, November 13, 2019

Since October 2013, the Foundling has been raising the high school graduation and college persistence rates of students in its care through a long-term, in-home, one-on-one tutoring program called Road to Success. This workshop will blend research, program data, and narratives from students and staff to show how a combination of direct instruction, advocacy, and relationship building can lead to profound academic growth for youth who have experienced trauma and lost instructional time. Participants in this workshop will learn strategies for engaging students around their education and come away with a better understanding of the barriers that students in care face in the educational system, the interaction between education and overall well-being, and why individualized tutoring and advocacy are such powerful and important interventions for students in care.

*Continuing education contact hours will **NOT** be provided for this workshop.

Workshop leader: Michael Zink

“I Am a Good Parent:” Supporting Teen Parents to Identify and Build Upon Their Own Good Parenting

Wednesday, November 20, 2019

This workshop will cover techniques to help teen parents identify and understand even the briefest moments of attachment they have with their children. Participants will explore how to help parents build on these moments to develop positive parenting techniques. Videos of teen parents and their children will be used as a means of teaching and illustrating how to do this strength-based work.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Nancy Meyers, M.Div.

Staying in Balance: Promoting Emotional Wellness in Times of Stress

Wednesday, December 4, 2019

Job stress has far-reaching effects that when not managed can lead to burn-out, decreased productivity, physical and mental exhaustion, and emotional distress. This workshop provides opportunities to identify the sources of stress in the workplace, discuss strategies to promote staff wellness, and receive concrete tools for stress reduction. Participants will learn to identify warning signs of overwhelming stress and strategies to reduce it, promote emotional wellness, and increase productivity.

*Continuing education contact hours will **NOT** be provided for this workshop.

Workshop leader: Cristina Harris, M.S.W., CHHC

Graduation and Leadership Project Presentations. Wednesday, December 11, 2019

Class participants will present their leadership projects to the group and a celebration will be held to mark the end of the program. Certificates will be provided to all participants who completed the program, with continuing education contact hours noted as applicable. *Continuing education contact hours will **NOT** be provided for completion of this workshop

FACULTY

Amy J. L. Baker, Ph.D. is Director of Research at The New York Foundling Vincent J. Fontana Center for Child Protection. She earned her doctorate in Developmental Psychology from Teachers College of Columbia University in 1989. In addition to *Adult Children of Parental Alienation Syndrome*, published by W. W. Norton, Dr. Baker is the first author of *The WAY to Work* (CWLA Press), as well as the first author of a textbook on child welfare research methods published by Columbia University Press. She is also the author or co-author of 70 academic articles and has published in numerous scientific peer-reviewed journals. Areas of research expertise include parent-child attachment, early intervention, parent involvement, mental health of youth, and child welfare.

Mary Katherine Boncher, Ph.D. is a licensed psychologist in the State of New York with over thirty-five years of experience working with children, adolescents, and families who have experienced trauma. She worked at the New York Foundling, most recently as Assistant Vice President of Mental Health Services, where she participated in developing and overseeing trauma specific treatment using evidence based as well as play and group therapies. Dr. Boncher has extensive experience providing clinical consultation as well as developing and providing trainings and workshops on trauma to mental health professions and para-professionals. Dr. Boncher currently has a private practice in New York City and is an Adjunct Assistant Professor at New York University with the Applied Psychology Department. She is also a poet and practitioner of Tai Chi, both of which she uses in her therapeutic work.

Heather Buchanan, Esq. graduated from Cornell Law School in 2005 and began her career as a prosecutor at the Manhattan District Attorney's Office in September of 2005. She was first assigned to a trial bureau and spent her first two years prosecuting a variety of misdemeanor offenses including assault, shoplifting, trespassing and DWI. She then began prosecuting felony offenses in 2007 and continues to do so today. In 2008, she joined the sex crimes unit, handling a variety of cases involving adult victims of sexual violence. In 2014, she moved to the Special Victims Bureau, specializing in cases of child abuse. While working within the Special Victims Bureau, she has handled cases involving the possession and distribution of child pornography, both commercial and homemade.

Linda Cahill, MD. is co-Medical Director of the J.E. and Z.B. Butler Center for Children and Families at the Children's Hospital at Montefiore (CHAM), Bronx NY and the Bronx Child Advocacy Center and Associate Professor of Clinical Pediatrics at Albert Einstein College of Medicine, Bronx, NY. Dr. Cahill is certified by the American Board of Pediatrics in General Pediatrics and in the sub board of Child Abuse Pediatrics. National affiliations include the American Academy of Pediatrics (AAP) the Helfer Society, and the American Professional Society on the Abuse of Children (APSAC). She is a recent recipient of APSAC's Outstanding Frontline Award.

Vineet Chawla, Esq. is an Attorney with the Family Court Legal Services Training Division of NYC Children's Services. He has been working with NYC Children's Services for over 10 years. Starting as an entry level litigation attorney, he soon moved into the role of senior staff attorney, handling over 100 cases at a time, then being promoted to litigation supervisor. He now trains new attorneys and CPS workers on legal issues surrounding child abuse and child welfare. He graduated Cardozo Law School in 2003, and attended New York University for his undergraduate degree.

Cristina Harris, M.S.W., CHHC is the Program and Training Manager for the Mental Health Association of New York City's Center for Policy, Advocacy, and Education. She is a trainer and coach, working with social service professionals, educators, and clinical staff to support compassionate, reflective, and trauma-informed practices. Cristina has worked as a NYC public school teacher, preventive foster care social worker, group facilitator and trainer. For 8 years Cristina worked as a Senior Trainer and Coach with Ramapo for Children providing training and on-site coaching for educators and youth workers to manage challenging youth behavior and conflict. Cristina received her MSW from New York University and is also a Certified Holistic Health Coach. She has a holistic health coaching business called S.H.E. Balance and works with busy helping professionals to support a balanced lifestyle, reduce stress, and integrate healthy habits.

Jamie Hoffman-Rosenfeld, M.D. started her Child Abuse Pediatrics career about 25 years ago at Jacobi Hospital in the Bronx, where she developed the Family Advocacy Program, running it for a decade before joining the Child Protection Team at Montefiore Hospital. Dr. Hoffman-Rosenfeld was the Medical Director of the Queens Child Advocacy Center for 13 years but recently returned to her professional roots in the Bronx to serve as the co-medical Director of the Child Abuse Program at Montefiore and the Bronx Child Advocacy Center. Dr. Hoffman-Rosenfeld serves as a consultant to NYC's CPS intra-agency Child Fatality Review. She is past-president and board member of the NY Chapter of APSAC. For four years, Dr. Hoffman-Rosenfeld served as co-chair of the Ray E Helfer Society Conference Planning Committee. The education of professionals on topics related to Child Maltreatment is one of the most fulfilling aspects of her Child Abuse Pediatrics career.

Darcey Merritt, Ph.D. is an Associate Professor at NYU Silver School of Social Work and a Faculty Fellow at the School's McSilver Institute for Poverty Policy and Research. She is also an Associate Editor for *Children and Youth Services Review* and a member of the Board of Directors of the Society for Social Work and Research (SSWR). Dr. Merritt's research has been widely published in journals including *Journal of Child and Family Studies*, *Journal of Public Child Welfare*, *Child Abuse and Neglect*, *Journal of Orthopsychiatry*, *Substance Use and Misuse*, and *Journal of Social Services Research*, as well as *CYSR*. She also serves on the Child Maltreatment Prevention Committee of the American Professional Society on the Abuse of Children (APSAC) and was lead author of the chapter on "Effective Program Models for the Prevention of Child Maltreatment" in the *APSAC Handbook on Child Maltreatment*, Fourth Edition.

Nancy Meyers, M.Div. is the Director of the Parenting Support through Video (PSV) Program at the Inwood House Division of the Children's Village in New York City. PSV is a home-visiting program that uses video to support positive parent-child interactions. Inwood House is a non-profit organization that specializes in working with teen parents in foster care.

Vincent Palusci, M.D., M.S. is a Professor of Pediatrics at New York University School of Medicine and chairs the NYU Hospitals Child Protection Committee. He is a child abuse pediatrician at the Frances L. Loeb Child Protection and Development Center at Bellevue Hospital and is a Senior Medical Consultant in the Bellevue Medical Consultation Program at ACS.

Janet Rosenzweig, Ph.D., MPA holds a MS in Health Education from The Pennsylvania State University, a Ph.D. in Social Work from Rutgers University and an MPA from Harvard's Kennedy School. She earned certification as a sex educator in 1978 brought that perspective to one of the first child sexual abuse programs in the country, in East Tennessee. Her focus on sexual abuse and its prevention continued throughout many subsequent roles in managing child welfare programs in Tennessee, Texas, Pennsylvania and New Jersey. She served as Vice President for Research and Programs for Prevent Child Abuse America and is currently Executive Director of the American Professional Society on the Abuse of Children (APSAC). In 2012 she authored The Sex-Wise Parent as a resource to support parents in being the primary sex educator of their children.

Mel Schneiderman, Ph.D. is the former Senior Vice President of Mental Health Services at the New York Foundling and current Director of the Vincent J. Fontana Center for Child Protection. He has worked in the area of child abuse for more than 30 years. He is the co-founder of The New York Foundling Vincent J. Fontana Center for Child Protection as well as the Founder and Director of The Foundling's Child Sexual Abuse Treatment Service. He instituted the Hearst Program and has facilitated more than 50 workshops on various topics.

Dr. Komal Sharma-Patel, Ph.D. is the Assistant Director of Child HELP Partnership, overseeing the daily research and clinical operations of a clinical-research program and an affiliate site of the National Child Traumatic Stress Network (Brown, PI), based in the Department of Psychology at St. John's University that focuses on providing evidence-based treatments (TF-CBT; AF-CBT) to youths with trauma histories and their caregivers. She is a national AF-CBT trainer and certified AF-CBT and TF-CBT therapist. Over the years, she has been involved in the development and implementation of research projects examining the effectiveness of trauma-specific interventions (AF-CBT, TF-CBT, CBITS) across various settings, including outpatient, day treatment, inpatient, school, community, and foster-care agencies.

Jessica D. Warner, L.M.S.W., M.A. holds a M.S.W. in social welfare and an M.A. in Criminal Justice from the University of Albany. She has also completed a graduate study abroad program in international social welfare, a fellowship in human rights, and leadership certificate programs in both children's policy and non-profit management. She serves as Adjunct Faculty Instructor at CUNY Hunter's Silberman School of Social Work and John Jay College of Criminal Justice and faculty partner with the Research Foundation of CUNY. In addition, Jessica serves as a member of the Advocacy Council for the Citizen's Committee for Children. Jessica specializes in systemic issues impacting youth who are dually involved with the child welfare and youth or adult justice systems.

Michael Zink is the Assistant Vice President for Educational Services at the New York Foundling. In this capacity, he oversees the provision of both tutoring and educational advocacy services to students of all ages in its foster care programs, and was one of the architects of the Dorm Project, a collaboration between CUNY, ACS and the New York Foundling that provides dorming, tutoring, mentorship, and other supports to almost 100 students in foster care in New York City. He serves on several ACS workgroups around foster care and education and on the New York City Advisory Board for Petey Greene, an organization that provides free tutoring to incarcerated students.

Hearst Program Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Daytime Phone: _____ Cell Phone: _____

Email address: _____

Current place of employment: _____

Position/Title: _____

Please submit:

1. Completed registration page.
2. An enrollment fee in the form of a check for \$145.00 made out to New York Foundling. New York Foundling, Good Shepherd Services, Little Flower Children and Family Services of New York staff and APSAC members do not have to pay the fee.

Please note that applications are received on an on-going basis. Space is limited, participants will be accepted on a first come, first served basis. You will receive notification regarding space and availability upon receipt of your application form and check.

Please send all application materials to:

Leslie Schmerler
New York Foundling – Vincent J. Fontana Center for Child Protection
590 Avenue of the Americas, 14th floor
New York, New York 10011

If you have any questions or concerns, please contact Leslie Schmerler, Assistant Director of the Vincent J. Fontana Center for Child Protection, at 212-660-1375 or email address at leslie.schmerler@nyfoundling.org

