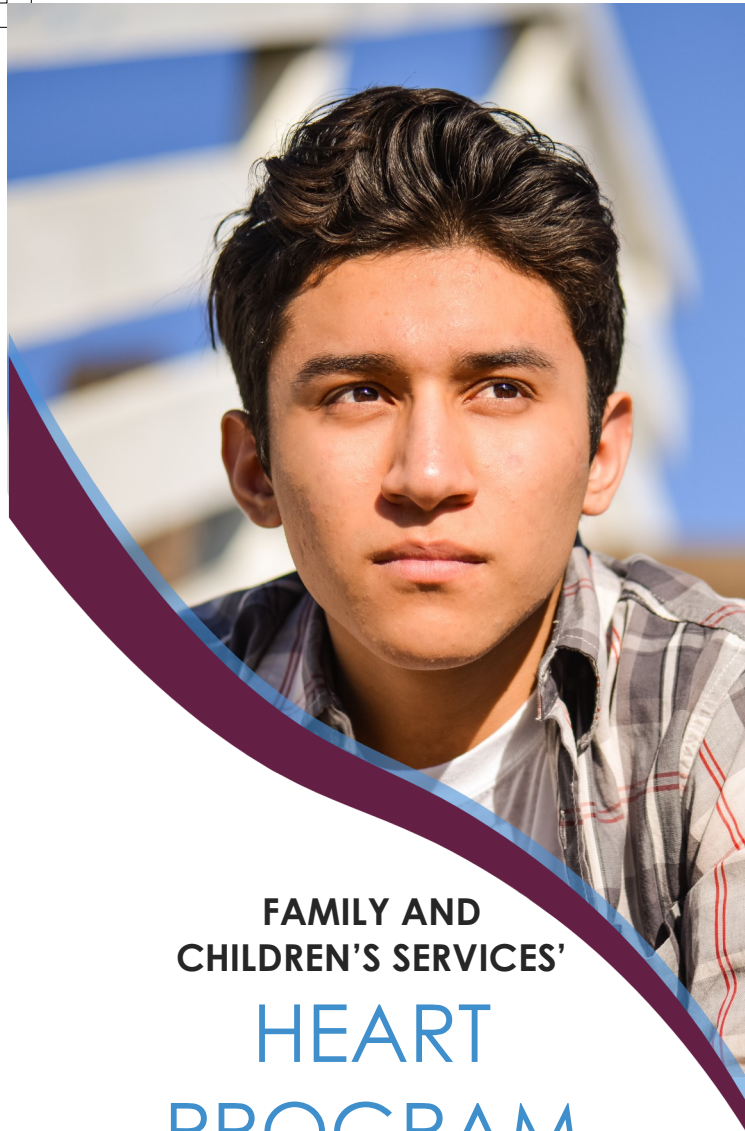




**FAMILY AND
CHILDREN'S SERVICES'**
HEART
PROGRAM
Free, Confidential
Counseling for
Unaccompanied
Migrant Children
Ages 5-18

Contact Us

For more information
about the HEART Program,
or to request counseling,
please contact us at (908) 352-7474
or FACSintake@facsnj.org
www.facsnj.org

MAIN OFFICE

40 North Ave.
Elizabeth, NJ 07208
908-352-7474
908-965-3227 (fax)

MID-TOWN ELIZABETH

70 West Grand St.
Elizabeth, NJ 07202
908-372-1007
908-372-1018 (fax)

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Administration (SAMHSA).**



**Family and
Children's
Services, Inc.**

Strengthening Families,
Building Futures Since 1893



HEART PROGRAM

**HOPE, EMPATHY AND
RECOVERY FOR TRAUMA**

**A Counseling Service
for Unaccompanied
Migrant Children**



HEART Program Description

Do you know a child or teenager who migrated to the United States and was separated from his/her parents or caregivers? Many of these children experienced events that have left them

- sad, angry, scared or lonely
- very quiet and withdrawn
- prone to crying or having nightmares
- Irritable or argumentative

Talking to a professional counselor can help them feel better.

Children participating in our HEART program will be assigned a specially trained [Spanish-speaking counselor](#). The counselor will work with the child to help him or her cope with the symptoms of trauma and adjust to life in the United States.

Families will also work with [a case manager](#) who can provide confidential guidance about how to receive services in the community such as educational and employment support, legal services, access to food, medical care, and housing.



Our History

Founded in 1893, Family and Children's Services began as the Charity Organization Society. In 1898 the Elizabeth Society for the Prevention of Cruelty to Children joined the organization.

Our commitment to these two organizations continues today. We're focused on helping disadvantaged families and vulnerable children. Children, youth and adults of all ages in Union County and the surrounding area may also benefit from our wide array of innovative and professional quality child welfare, mental health and family services.

This free service is confidential. Telehealth services or free transportation to our locations are available.

Our Mission:

**BUILDING
HOPE AND
HEALING
TRAUMA**

**to strengthen
families and
communities.**