

FFTA Webinar: Boundaries for Helping Professionals

FFTA-Family Focused Treatment Association <ffa@www-ffa.ccsend.com>

on behalf of

FFTA-Family Focused Treatment Association <akoscielny@ffa.org>

Mon 12/4/2023 12:25 PM

To:Kailey Cano <KCano@usccb.org>

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Ethics Webinar Boundaries for Helping Professionals

This informative and interactive course will explore the components of relationship boundaries. Participants will gain an understanding of how healthy boundaries can create safety and facilitate relationships. Participants will also be introduced to the skill sets necessary for establishing healthy boundaries including identifying needs, setting limits, recognizing cues, and clearly communicating boundaries.

Presented by:

Michelle Graff

Founder

Cultivating Human Resiliency

3 Ethics Continuing Education Credits



Date: Tuesday, December 5, 2023

Start Time: 1:00 PM ET, 12:00 PM CT,
11:00 AM MT, 10:00 AM PT, 9:00 AM AKT

Duration: 3 hours

3 Ethics Continuing Education Credits

Cost: \$39 for FFTA Members, \$59 for Nonmembers

This Webinar will be presented through Zoom.

Check the system requirements.

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The Importance of Self-Care and Practical Strategies

Ellen Weatherford, MA

Director of Program Development

Health Connect America

Self-care is important for all adults no matter the job or role. However, self-care is all the more important for people working with children and families. Focusing on self-care is not a luxury, but a necessity. Review the science of stress upon our social, emotional, and physical health. We will begin with a Sense In Activity to engage the audience while laying the groundwork for connecting the brain to the physical body.

Free for FFTA Members - Learn More About FFTA Membership

Family Focused Treatment Association

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