



The Family Center works to keep families **stronger, longer.**

We offer a unique program of social and legal services, including health care and wellness programs, to New Yorkers struggling with a family crisis or loss.

To learn more, visit us online at www.thefamilycenter.org.



CONTACT US



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PROJECT BIENESTAR: (PROJECT WELLBEING)

EMOTIONAL SUPPORT FOR
UNACCOMPANIED IMMIGRANT
CHILDREN & TEENS



adjusting to a new country is difficult

Children and teens who come to the U.S. from other countries often have a difficult time adjusting to their new lives here.

This is especially true of kids who made the journey on their own or were separated from their families at any point.

COMMON CHALLENGES MAY BE:

- Problems in school
- Difficulty concentrating
- Behavior problems
- Difficulty sleeping or nightmares
- Problems with appetite
- Headaches or stomachaches
- Intense anger or sadness
- Isolation

WE CAN HELP.



HAS YOUR CHILD OR TEEN RECENTLY ARRIVED?

We provide free, specialized counseling services for children or teens who have journeyed to the U.S. without parents.

We also provide free case management services that will help you connect with local resources or assist you with appointments related to your needs.

Counseling and case management services are available in English and Spanish.

Your participation would be totally confidential.

If you have any questions or would like to enroll your child, another child or teen, or yourself, please contact us at:

(718) 230-1379, ext. 109

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