KRISTI HOUSE

Children's Advocacy Center

PROYECTO BRAZOS ABIERTOS
AYUDANDO NIÑOS NO ACOMPAÑADOS

ABOUT KRISTI HOUSE:

- Kristi House is a Child Advocacy Center, serving child victims of trauma and abuse, particularly sexual abuse and child sex trafficking, for 25 years
- Kristi House provides training to children, adults and professionals on trauma-related topics, including clinical and non-clinical training and prevention groups for children and adults

Kristi House's *Proyecto Brazos Abiertos* Program:

- Free evidence-based trauma therapy for children in licensed shelters or post-release to sponsor-families
- Provided through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services
- Comprehensive trauma assessment completed at intake, including standardized assessments
- Utilizing **Culturally-Modified Trauma-Focused Cognitive Behavioral Therapy (CM-TF-CBT),** developed for use with various cultures
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is the most well-supported and effective treatment for children who have been abused or traumatized
- Treatment protocol is designed to be relatively short in duration (12-25 session average)
- TF-CBT helps children and caregivers process traumatic events and learn skills to promote emotional and behavioral stability
- Evidence-based family therapy is also available, utilizing Risk Reduction through Family Therapy for adolescents struggling with trauma symptoms and high risk behaviors, such as substance abuse, and Alternatives for Families a Cognitive Behavioral Therapy for families struggling with severe family conflict and physical abuse allegations
- Family Advocacy services that help link families to community resources and assist with navigating various U.S. systems
- Criteria for UAC Program:
    - Minors designated as Unaccompanied Alien Children (UAC)
    - Minors ages 3 to 17
    - Experienced a traumatic event
    - Symptoms related to the trauma such as depression, anxiety, behavioral problems, high-risk behaviors, PTSD, etc.
    - Living in Miami-Dade County or **remote telehealth services across Florida**

If you have an eligible child, please complete Kristi House UAC Referral Form or call (305) 547-6800 or visit kristihouse.org/referrals

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