



MIDDLE SCHOOL AND VARSITY SPORTS THIS WEEK

Football coach's show Tuesday at 7pm at WOODSTACK BBQ

MIDDLE SCHOOL SPORTS THIS WEEK – Aug. 27 - 31

MS FOOTBALL

Mon – Wed – Practice – Pick up at 4:15
Thurs – Game at Cook County – 4:30 – dismiss at 2:45
Fri – Pick up at 3:25

JR PRO FOOTBALL

Mon – Thurs – Practice - 5:45 – 7:30
No practice – pick up after school

MS VOLLEYBALL

Mon – practice – pick up at 4:00
Tues – practice – pick up at 3:25
Wed – games at Valdosta Middle – 4:30 & 5:30 – depart at 3:00
Thurs – game at Sherwood – 5:00 – depart at 2:30
Fri – practice – pick up at 3:25

MS CROSS COUNTRY

Mon - Wed – Practice – 3:50 – 5:00
Thurs – practice - 3:50 – 4:30
Fri – Off
Sat – XC Meet at Jekyll Island – 10am

MS SOFTBALL

Mon - Thurs – Practice – pickup at 4:00
Fri – Fitness – pick up at 3:25

MS CHEERLEADING

Mon & Wed – practice – pick up at 4:00
Tues, Fri – Practice – Pick up at 3:25
Thurs – game at Cook Co – 4:30

VARSDITY SPORTS THIS WEEK – Aug. 27 - 31

Football coach's show Tuesday at 7pm at WOODDSTACK BBQ

VARSDITY FOOTBALL

Mon, Tues, Wed - Practice – 4:15 – 6:30

Thurs – Practice – 6am – 7:20am

Fri – Home game vs. Notre Dame Academy – 7:30

VARSDITY VOLLEYBALL

Mon – Practice – 4pm – 6pm

Tues – Match at Colquitt – 4:30 – depart at 2:15

Wed - Practice – 6:30am – 8:00am

Thurs – Match at Sherwood – 6pm – depart at 2:30

Fri – Practice – 6am – 7:30am

VARSDITY CROSS COUNTRY

Mon - Wed – Practice – 3:50 – 5:00

Thurs – practice - 3:50 – 4:30

Fri – Off

Sat – XC Meet at Jekyll Island – 10am

VARSDITY SOFTBALL

Mon – Practice – 4:00 – 5:30

Tues – Home game vs. Westwood – 5:00

Wed – Practice – 4:00 – 5:45

Thurs – Game at Georgia Christian – 5:00

Fri – Off

VARSDITY CHEERLEADING

Tues & Thurs - Practice – 3:45 – 5:00

Fri – Home game vs. Notre Dame – 7:30