

(3) **Order of Dives:**

In FCSL dual meets, the dives for each age group shall be performed with the required dives first, followed by optional dives in any order.

At Championship meets, the dives for each age group shall be performed with the required dives first, followed by optional dives in any order, before and after the cut is met.

Dual Meets			
Required dives must be performed first			
Age Group	Total Dives	Order of Dives and Requirements	Notes
10/Under	5	Round 1: Front Jump Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* Round 5: Optional*	<ul style="list-style-type: none"> *3 opts must be from three separate groups: forward, backward, reverse, inward, twisting • Back Dive 1/2 Twist (5211) is not allowed in 10U
12/Under	5	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* Round 5: Optional*	<ul style="list-style-type: none"> *3 opts must be from three separate groups: forward, backward, reverse, inward, twisting
14/Under	6	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* Round 5: Optional* Round 6: Optional	<ul style="list-style-type: none"> *3 of 4 opts must be from three separate groups: forward, backward, reverse, inward, twisting
17/Under	6	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Optional* Round 3: Optional* Round 4: Optional* Round 5: Optional* Round 6: Optional	<ul style="list-style-type: none"> *4 of 5 opts must be from four separate groups: forward, backward, reverse, inward, twisting
Championship Meet			
1 meter			
Required dives must be performed first.			
Age Group	Total Dives	Order of Dives and Requirements	Notes
10/Under	4	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Optional* Round 3: Optional* Round 4: Optional*	<ul style="list-style-type: none"> *3 opts must be from three separate groups: forward, backward, reverse, inward, twisting • Back Dive 1/2 Twist (5211) is not permitted in 10U
12/Under	6	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* (cut) Round 5: Required (101/103, 201, 301, 401, or twisting dive) Round 6: Optional*	<ul style="list-style-type: none"> *3 opts must be from three separate groups: forward, backward, reverse, inward, twisting • After Round 4, there will be cuts to top 18
14/Under	7	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* (cut) Round 5: Required (101/103, 201, 301, 401, or twisting dive) Round 6: Required (101/103, 201, 301, 401, or twisting dive) Round 7: Optional*	<ul style="list-style-type: none"> *3 opts must be from three separate groups: forward, backward, reverse, inward, twisting • After Round 4, there will be cuts to top 18. If there are less than 18 divers in the event, all will advance to remaining rounds.
17/Under	9	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* Round 5: Optional* (cut) Round 6: Required (101/103, 201, 301, 401, or twisting dive) Round 7: Required (101/103, 201, 301, 401, or twisting dive) Round 8: Optional* Round 9: Optional	<ul style="list-style-type: none"> *4 of 5 opts must be from four separate groups: forward, backward, reverse, inward, twisting • After Round 5, there will be cuts to top 18. If there are less than 18 divers in the event, all will advance to remaining rounds.
3 meter			
Required dives must be performed first.			
Age Group	Total Dives	Order of Dives and Requirements	Notes
10/Under	n/a	n/a	n/a
12/Under	5	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Optional* Round 3: Optional* Round 4: Optional* Round 5: Optional	<ul style="list-style-type: none"> *3 of 4 opts must be from three separate groups: forward, backward, reverse, inward, twisting
14/Under	6	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Optional* Round 3: Optional* Round 4: Optional* Round 5: Optional* Round 6: Optional	<ul style="list-style-type: none"> *4 of 5 opts must be from four separate groups: forward, backward, reverse, inward, twisting
17/Under	8	Round 1: Required (101/103, 201, 301, 401, or twisting dive) Round 2: Required (101/103, 201, 301, 401, or twisting dive) Round 3: Optional* Round 4: Optional* Round 5: Optional* Round 6: Optional* Round 7: Optional Round 8: Optional	<ul style="list-style-type: none"> *4 of 6 opts must be from four separate groups: forward, backward, reverse, inward, twisting