

Please join us for this very special virtual training series

Trauma-Responsive, Resilience Building Approaches to Support Young Children, Families and Staff in the Context of COVID

Session 1 | June 30 | 3:30-5:00pm

Trauma-Responsive Resilience Building Approaches to Early Learning in the Context of COVID

Session 2 | July 14 | 3:30-5:00pm

The Impact of Stress and Trauma on Young Children's Play

Session 3 | July 28 | 3:30-5:00pm

Supporting Children to Cope, Build Resilience and Heal Through Play

Session 4 | August 11 | 3:30-5:00pm

Trauma-Responsive Resilience Building Leadership and Supervision

Session 5 | August 25 | 3:30-5:00pm

Trauma-Responsive Resilience Building Family Engagement Strategies

See next page for session details.

REGISTRATION

No Cost • Register at my.hcoe.net

Register for individual sessions or the full series

INFORMATION

Cindi Kaup, HCOE

(707) 441-3912 • ckaup@hcoe.org

All sessions will be held via Zoom videoconference • Links will be emailed two days before each training.

Trauma-Responsive, Resilience Building Approaches to Support Young Children, Families and Staff in the Context of COVID

Session 1: Trauma-Responsive Resilience Building Approaches to Early Learning in the Context of COVID

Tuesday, June 30 | 3:30-5:00pm | Trainers: Julie Nicholson, Julie Kurtz, Jonathan Iris-Willbanks

- » Adults Self-Awareness and Management of Stress
- » How to Support Health and Physical Distancing without Creating Harm for Our Youngest Children
- » Building Attuned and Responsive Relationships in a Context of COVID

Session 2: The Impact of Stress and Trauma on Young Children's Play

Tuesday, July 14 | 3:30-5:00pm | Trainers: Julie Nicholson, Jonathan Iris-Willbanks

- » The impact of trauma on play for infants/toddlers, preschoolers (we will include at least one example with early elementary children)
- » Strategies to support young children with trauma triggers/trauma reminders

Session 3: Supporting Children to Cope, Build Resilience and Heal through Play

Tuesday, July 28 | 3:30-5:00pm | Trainers: Julie Nicholson, Jonathan Iris-Willbanks

- » Building attuned and responsive relationships through play
- » Supporting children to express big emotions
- » Strategies to support emotional and behavioral regulation through play

Session 4: Trauma-Responsive Resilience Building Leadership and Supervision

Tuesday, August 11 | 3:30-5:00pm | Trainers: Julie Nicholson, Julie Kurtz

- » Learn the foundations of relationship-based leadership as well as what it means to use a trauma-responsive lens in leadership and supervision of staff
- » Apply the neurobiology of stress to understand and respond effectively to a range of adults' communication styles and behaviors
- » Apply understanding of the characteristics of trauma-responsive leadership through discussion of a vignette in small groups
- » Be introduced to a self-study tool that will help them identify their strengths and areas in need of growth and improvement related to trauma-responsive leadership skills

Session 5: Trauma-Responsive Resilience Building Family Engagement Strategies

Tuesday, August 25 | 3:30-5:00pm | Trainers: Julie Nicholson, Julie Kurtz

- » Understanding the difference between Parent/Family Involvement and Parent/Family Engagement.
- » FE strategies that buffer stress and promote coping and resilience
- » Specific recommendations adapted to be responsive to the current context of COVID