

Please join us for this very special virtual training series

# Trauma-Responsive, Resilience Building Approaches to Support Young Children, Families and Staff in the Context of COVID

Session 1 | June 30 | 3:30-5:00pm

## **Trauma-Responsive Resilience Building Approaches to Early Learning in the Context of COVID**

Session 2 | July 14 | 3:30-5:00pm

## **The Impact of Stress and Trauma on Young Children's Play**

Session 3 | July 28 | 3:30-5:00pm

## **Supporting Children to Cope, Build Resilience and Heal Through Play**

Session 4 | August 11 | 3:30-5:00pm

## **Trauma-Responsive Resilience Building Leadership and Supervision**

Session 5 | August 25 | 3:30-5:00pm

## **Trauma-Responsive Resilience Building Family Engagement Strategies**

*See next page for session details.*

### **REGISTRATION**

**No Cost • Register at [my.hcoe.net](https://my.hcoe.net)**

Register for individual sessions or the full series

### **INFORMATION**

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**All sessions will be held via Zoom videoconference • Links will be emailed two days before each training.**

# Trauma-Responsive, Resilience Building Approaches to Support Young Children, Families and Staff in the Context of COVID

## **Session 1: Trauma-Responsive Resilience Building Approaches to Early Learning in the Context of COVID**

**Tuesday, June 30 | 3:30-5:00pm | Trainers: Julie Nicholson, Julie Kurtz, Jonathan Iris-Willbanks**

- » Adults Self-Awareness and Management of Stress
- » How to Support Health and Physical Distancing without Creating Harm for Our Youngest Children
- » Building Attuned and Responsive Relationships in a Context of COVID

## **Session 2: The Impact of Stress and Trauma on Young Children's Play**

**Tuesday, July 14 | 3:30-5:00pm | Trainers: Julie Nicholson, Jonathan Iris-Willbanks**

- » The impact of trauma on play for infants/toddlers, preschoolers (we will include at least one example with early elementary children)
- » Strategies to support young children with trauma triggers/trauma reminders

## **Session 3: Supporting Children to Cope, Build Resilience and Heal through Play**

**Tuesday, July 28 | 3:30-5:00pm | Trainers: Julie Nicholson, Jonathan Iris-Willbanks**

- » Building attuned and responsive relationships through play
- » Supporting children to express big emotions
- » Strategies to support emotional and behavioral regulation through play

## **Session 4: Trauma-Responsive Resilience Building Leadership and Supervision**

**Tuesday, August 11 | 3:30-5:00pm | Trainers: Julie Nicholson, Julie Kurtz**

- » Learn the foundations of relationship-based leadership as well as what it means to use a trauma-responsive lens in leadership and supervision of staff
- » Apply the neurobiology of stress to understand and respond effectively to a range of adults' communication styles and behaviors
- » Apply understanding of the characteristics of trauma-responsive leadership through discussion of a vignette in small groups
- » Be introduced to a self-study tool that will help them identify their strengths and areas in need of growth and improvement related to trauma-responsive leadership skills

## **Session 5: Trauma-Responsive Resilience Building Family Engagement Strategies**

**Tuesday, August 25 | 3:30-5:00pm | Trainers: Julie Nicholson, Julie Kurtz**

- » Understanding the difference between Parent/Family Involvement and Parent/Family Engagement.
- » FE strategies that buffer stress and promote coping and resilience
- » Specific recommendations adapted to be responsive to the current context of COVID