

A Guru Yoga that Brings the Dharmakaya onto the Path

Refuge and Bodhicitta:

Vajradhara Lama Embodiment of the Three Jewels
I take refuge in you and will until I attain enlightenment;
Sentient beings victims of confused-projection suffering,
I generate the mindset for enlightenment in order to establish
you in the non-abiding state.

Recite three times.

Visualization:

Lord Vajradhara Jigten Sumgon sits on a seat of the ten strengths,
Four fearlessness's and eighteen unmixed dharmas,
With the radiating light of the major and minor marks of love,
compassion, and bodhicitta; and
Non-conceptual enlightened activities reaching all migrators equally.

Mantra Recitation:

OM AH RATNA SHRI SARWA SIDDHI HUNG

Accumulate many recitations.

Blessing Supplication:

You are the buddhas Nagakulapradipa and Dipankara of the past,
Maitreya of the future, and Shakyamuni of the present:
The Reincarnation of Nagarjuna; the peerless Ratna Shri -
Lord Jigten Sumgon, I supplicate to you.

Empowerment and Dissolution:

Light rays emanate from the lama's body, speech, and mind and dissolve into my four places,
Thereby purifying the four obscurations, bestowing the four
empowerments, and planting the seeds of the four kayas;
The lama then dissolves into myself;
My mind is now natural luminosity-emptiness.

Rest in the mind-as-it-is.

Dedication:

Through both the innate virtue and the virtue accumulated in
the three times by all in samsara and nirvana,
May I and all sentient beings filling space, none left out,
Realize the co-emergent ultimate reality and
Attain the final state of non-abidance in existence or peace.

*A practice profound of meaning and rich with bless, for the modern regular practitioner with limited time; composed by
Khenchen Konchog Gyaltsen Rinpoche on October 27th, 2008. Translated by Terence Barrett.*