



## 3 Things You Can Do Today to Reduce Vaping at Your School

It comes as a shock to many: youth vaping is on the rise. But for schools, this is something you have been dealing with for a while now. Though there isn't a lot of research about long term health impacts of these devices, scientists have determined that there are dangerous chemicals in e-liquids, especially for youth who weren't smoking cigarettes to begin with. That hasn't stopped young people from being curious about these products and becoming addicted to the nicotine in them. Here at TCHD, our tobacco prevention team has received many stories on the number of students that are vaping in class or on schools grounds, which is a clear violation of their tobacco-free schools policy. Here are three things you can do now to reduce vaping at your school:

1. **Enforcement and communication** of your tobacco-free schools policy. Need ideas? TCHD is available to help.
2. Instituting **alternatives to suspension** (such as the free [Second Chance](#) program).
3. **Restorative practices** can help reduce these violations and create a supportive environment.

Not so bad huh? Reach out to the [TCHD tobacco prevention team](#) for questions, funding opportunities, enforcement and communication strategies, or implementation of restorative practices.