



Teens in **grades 9-12** are invited to join this **free program** to help prepare for life after high school. Meetings are held on the **first Tuesday of each month**, October - June, from **5-6 PM**.

## WHAT TO EXPECT

Skill-building activities that explore topics ranging from applying for a job to paying for college to personal goal setting.

Opportunities to participate in service learning trips, visit local colleges, and learn from guest speakers.

Print and online resources to help navigate life after high school.

## HOW TO GET INVOLVED

Sign up online: <http://beav.es/ZhU>  
Questions? Contact Alice Phillips:  
[alice.phillips@oregonstate.edu](mailto:alice.phillips@oregonstate.edu) 503-821-1118

*See page two for schedules and program expectations.*

OSU Extension Service  
Washington County  
1815 NW 169th Place, Suite 1000  
Beaverton, OR 97006



Oregon State University  
Extension Service  
Washington County

## TOPICS

### Meeting dates:

- ⇒ October 1
- ⇒ November 5
- ⇒ December 3
- ⇒ January 7
- ⇒ February 4
- ⇒ March 3
- ⇒ April 7
- ⇒ May 5
- ⇒ June 2

### Program expectations:

- ⇒ Attend at least 6 meetings.
- ⇒ Attend at least one college visit or service learning trip.

### Youth voice:

- ⇒ Participants will decide which topics are covered at meetings.
- ⇒ College visits will be chosen by students.
- ⇒ Service learning opportunities and guest speakers will align with students' interests.

### Paying for College

**Scholarships, grants, and student loans, oh my!** What does it all mean? Explore the world of financial aid, including tips and tricks to paying for college.

### Choosing a College

**How does a student choose between a community college, state school, private school, and the many other options available?** Discover what makes each type of school unique and why college fit is important to consider when making decision.

### What to Expect

**You've been accepted to a school, now what?** From keeping up with your new email to preparing for life as a college student, there's a lot of work to be done before your official first day as a freshman.

### Personal Growth

**College is a great opportunity for personal growth, how will you make the most of your experience?** From time-management to personal goal setting to communication, learn strategies to prepare yourself for life after high school.

### Career Pathways

**What career options or majors are best for you?** Learn how colleges can support you through student services, helpful resources for career exploration, and how to get work experience during high school and college.

### Applying for a Job

**Creating a resume and preparing for an interview can be daunting!**

Explore tips for improving your resume, practice interviewing your peers, and learn about the importance of maintaining a professional image online and in social media.

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### Alice Phillips, 4-H Educator

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