



LISTEN.
BELIEVE.
SUPPORT.

HEALING THROUGH ART GROUP:
STARTING MONDAY JANUARY 24TH

TRAUMA INFORMED YOGA GROUP:
STARTING WEDNESDAY FEBRUARY 23RD

RESILIENT PARENTING GROUP:
STARTING TUESDAY MAY 3RD

*Free &
Confidential
7-Week
Support
Groups
4p.m.-5:30p.m.*

Space is limited and pre-registration is required

PLEASE CALL FOR MORE INFORMATION OR TO REGISTER:

920-436-8899

 **Family
Services**
Sexual Assault Center