

In Memoriam

We honor the life and work of

Dr. Carolyn Masterson

NJAHPERD Past-President 1994-95



Mother, Sister, Niece, Mentor, Professional, Volunteer, Friend, Scholar and so much more.....

As we celebrate the life and work of Dr. Carolyn Masterson, we honor her so that her legacy may inspire others in the field.

Carolyn obtained her Doctorate of Education at Columbia University Teachers College in Curriculum and Teaching. Her research and presentations focus on the coordinated approach to health and wellness in schools and more specifically, the integration of physical fitness education into K-12 school districts.

Many presentations and her research have taken her throughout the United States, China, and Singapore. She wrote several articles on the development and teaching of physical fitness curricula. She co-authored a fitness activities book called *Achieving Fitness and Adventure Activities* and developed the *Physical Best Activity Guides* and several chapters in the *Secondary Education Book* in conjunction with the National Association for Physical Education and Sport (NASPE). Also, she chaired several national committees, including the Physical Best Committee for NASPE. She also served on the Public Relations Committee for NASPE and held the office of President of the New Jersey Association for Health, Physical Education, Recreation and Dance (NJAHPERD) in 1994-1995. Carolyn received several awards throughout her professional career, including the Honor Award from NJAHPERD and two NJAHPERD Teacher of the Year Awards (Higher Education and Elementary PE).

Many former students have expressed an outpouring of gratitude and are eager to continue her legacy of selfless giving to the profession. Colleagues recount Carolyn's kindness, generosity, and love; which inspires her colleagues to give to others at all levels of professional service. She was a true professional, a scholar, and a friend to all who knew her. NJAHPERD's Executive Board, Past Presidents and members honor the work and contributions of Dr. Carolyn Masterson and its' ever-lasting impact on the profession of physical education. May you rest in peace.