Coronavirus (COVID-19) Information and Resources

Centers for Disease Control and Prevention (CDC):

Coronavirus disease (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Symptoms

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of:

- fever
- cough
- shortness of breath

CDC believes at this time that symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure. This is based on what has been seen previously as the incubation period of MERS-CoV viruses.

Fact Sheets

What you need to know about coronavirus disease 2019 (COVID-19)

General Facts about the coronavirus, status in the U.S., and protection.

(English Version) https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf

(Spanish Version) https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet-sp.pdf

What to do if you are sick with coronavirus disease 2019 (COVID-19)

Information on how to care for yourself and protect others.

(English Version) <a href="https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nc

 $(Spanish\ Version)\ \underline{https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet-sp.pdf}$

CDC Videos https://www.cdc.gov/coronavirus/2019-ncov/communication/videos.html

For information on the Coronavirus, visit the CDC website at https://www.cdc.gov/coronavirus/2019-ncov/

DEPARTMENTS OF HEALTH:

Maryland Department of Health

Main page concerning the Coronavirus and links to other resources

https://phpa.health.maryland.gov/Pages/Novel-coronavirus.aspx

DC Department of Health

Update and Interim Guidance: Novel Coronavirus (2019)-nCOV) Outbreak

https://dchealth.dc.gov/sites/default/files/dc/sites/doh/publication/attachments/2019nCoV_HAN_31stJan_FINAL.pdf

Local Health Departments

<u>Calvert County</u> (410) 535-5400

<u>Charles County</u> (301) 609-6900

<u>District of Columbia</u> (202) 442-5955

Montgomery County (301) 251-4850 / (240) 777-0311

Prince George's County (301) 883-7879

<u>St. Mary's County</u> (301) 475-4330

USCCB Catholic Response to Outbreak of Coronavirus:

http://www.usccb.org/news/2020/20-32.cfm