



## COVID-19 Volunteer Opportunities to Serve

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*Contribute to the needs of the saints; extend hospitality to strangers. Romans 12:13*

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### In-person Opportunities

*As a health precaution for all in-person opportunities, volunteers who wish to continue helping may return for a shift once every two weeks.*

#### Spanish Catholic Center Food Package Assembler and Distributer

Join Catholic Charities at their Spanish Catholic Center location in DC to assist with the weekly food distribution taking place every Wednesday. Volunteers who are screened and cleared will assemble grocery packages for pick up and distribute them as needed. Sign up here:

<https://www.catholiccharitiesdc.org/covid-19-volunteer-opportunities/>

#### Food Distribution

Join Catholic Charities Food Distribution team! We are recruiting a team of volunteers to direct cars through a pickup line to receive a box of food containing frozen proteins and fresh produce for 4 people and a bag containing prepared meals to take home. Distribution typically happens on Friday from 10am – 2pm. Please see this link for the latest details and to sign up:

<https://www.catholiccharitiesdc.org/covid-19-volunteer-opportunities/>

#### SHARE Food Distribution

Join us on the 2nd or 3rd Saturday at the SHARE Food Warehouse in Landover, MD to assist with the distribution of food. While maintaining safety precautions and social distancing, volunteers will assist senior citizens, load vehicles with food packages, and make sure people get the correct amount of food items. **Lifting 20-30lbs repeatedly may be required and your temperature will be checked when you arrive at the Warehouse. Sign up at <https://tinyurl.com/ShareWarehouse>**

#### Montgomery County Family Center Food Pantry

During COVID-19, the need for food has grown exponentially! Join the dedicated Montgomery County Family Center staff to prepare for food distributions every Tuesday, Wednesday, and Friday. Volunteers will unload food deliveries, sort food items, and help prepare food bags at the Montgomery County Family Center Food Pantry **Get information and sign up here:**

<https://www.catholiccharitiesdc.org/covid-19-volunteer-opportunities/>

## Remote Opportunities

### Sew Face Coverings

We are striving to serve our community and keep our staff and clients safe, by following guidelines from the CDC and local public health officials. Right now, we need your help by making sewn face coverings to protect our employees at community food distributions programs and homeless shelters. **Get information and sign up here:**

<https://www.catholiccharitiesdc.org/covid-19-volunteer-opportunities/>

### Write Letters and Poems to Support Our Staff

We invite you to show your support for our front-line staff to help keep them motivated and make them feel appreciated while they put their health at risk to serve others. You can write a poem or letter to offer encouragement and gratitude to support our front-line staff. Please see here for instructions: <https://www.catholiccharitiesdc.org/wp-content/uploads/2020/04/Coronavirus-Poetry-Assignment-1.pdf>

### Pro Bono Attorneys

If you are a barred attorney, become a volunteer for Catholic Charities Immigration Legal Service or Catholic Charities Legal Network. Immigration Legal Services (ILS) focuses on the provision of direct legal immigration services to foreign-born individuals and their families. ILS also focuses on training lawyers to provide pro bono services and educating community groups on the latest immigration issues. The CCLN provides legal services for civil cases on a wide range of issues including the following: child custody and visitation, consumer and bankruptcy cases, employment and discrimination cases, landlord-tenant and home foreclosure cases, public entitlement cases, wills, estate and advanced medical directives. Volunteers must be in good standing with the DC and/or MD Bar Association. **Get information and sign up here:** <http://bttr.im/udfxs>

### Financial Stability Mentor Volunteer

The Financial Stability Network (FSN) provides pro-bono financial services to those who otherwise would not have access to financial education and mentoring. FSN Mentors act as coaches to low to moderate income individuals, assisting them in achieving their financial goals. Volunteers will meet with clients once a month for 1-1.5 hour coaching sessions. **Get information and sign up here:**

<http://bttr.im/3iwac>

### Financial Stability Instructor Volunteer

The Financial Stability Network provides pro-bono (Free) financial services to those who otherwise would not have access to financial education and mentoring. The mission of the Financial Stability Network is to assist low to moderate income families and individuals with increasing income and building assets. The Financial Stability Instructor will teach classes on a variety of personal financial

topics including budgeting, savings, credit reports, credit cards and other financial topics to community organizations, transition housing groups and churches.

**Get information and sign up here: <http://bttr.im/u554m>**

### Mentors Needed for Welcome Home Reentry Program

Welcome Home Reentry Program, supports men and women who are returning to society after incarceration, through creating a support network centered around volunteer mentors who work closely with returning citizens. Mentor in D.C, Montgomery, or Prince George's County. For more information on becoming a mentor, go to <https://www.catholiccharitiesdc.org/volunteer/ongoing/>

### Become A Clinical Intern with Catholic Charities

A clinical intern is defined as a student, usually a graduate level student but occasionally undergraduate, who requires specialized supervision by a licensed professional. To be considered for a clinical internship with Catholic Charities, you must be a student enrolled in a degree program at an accredited college or university. Internships at Catholic Charities are unpaid, but provide a wealth of experience. For more information see here: <https://www.catholiccharitiesdc.org/internships/>