



## **Adaptive Sports Abuse Prevention Train-the-Trainer Conference Information**

October 24 & 25, 2024  
USA Cycling Headquarters, Colorado Springs

*This training conference is free of charge.*

### **Registration Link:**

<https://www.surveymonkey.com/r/GS5H2TQ>

### **ABOUT ASAP**

People with disabilities are more likely to experience sexual violence, yet athletes with disabilities are too often left out of the conversation about sport and prevention.

Adaptive Sports Abuse Prevention (ASAP) is one of the few curricula designed specifically for coaches, trainers, volunteers and leaders of programs that work with athletes with disabilities. This conference will equip participants to teach the 5-session curriculum within their organizations.

Through interactive exercises and analysis of news stories, participants learn to:

- Recognize abuse and sexual misconduct
- Interrupt unsafe or inappropriate interactions that could escalate to abuse
- Think critically and productively about safe touch and healthy relationships
- Report sexual abuse and collaborate with a local rape crisis center

### **CONFERENCE DATES & TIMES**

Thursday, October 24<sup>th</sup>, 9:00 am – 5:30 pm

Friday, October 25<sup>th</sup>, 9:00 am – 4:00 pm

Morning coffee and lunch will be provided both days.

## **CONFERENCE LOCATION**

USA Cycling Headquarters, 210 USA Cycling Point, Colorado Springs, CO

## **ACCESSIBILITY**

USA Cycling Headquarters is located on a first floor with ramps leading up to the front door. Bathrooms are ADA compliant, but doors are not automatic. If you are a wheelchair user or have other accessibility needs, we are committed to supporting you. If you have specific questions about accessibility or the facility, please contact **Nancy Cowan at [ncowan@usacycling.org](mailto:ncowan@usacycling.org)**.

## **TRAVEL SCHOLARSHIPS FOR ADAPTIVE SPORTS PROGRAMS SERVING UNDERSERVED ATHLETES**

If traveling to the conference is a hardship, we have limited scholarship funds. Please contact **Shay Orent at [sorent@impactboston.org](mailto:sorent@impactboston.org)**.

## **AIR TRAVEL**

It is best to fly into the Colorado Springs airport. You can also fly into Denver, though the Denver airport is 85 miles away and highway travel can be unpredictable.

## **HOTEL ACCOMMODATIONS**

ASAP Conference attendees are eligible for the USA Cycling Discount rate at 3 local hotels. Please see below for room rates and notes on how to book your room. If you have questions about hotels, please contact **Nancy Cowan at [ncowan@usacycling.org](mailto:ncowan@usacycling.org)**.

Holiday Inn Express (2 miles away from conference – 5-minute drive)

From \$114/night

Holiday Inn Express & Suites Colorado Springs North

7110 Commerce Center Dr., Colorado Springs, CO 80919

<https://www.hiexpress.com/redirect?path=hd&brandCode=EX&localeCode=en&regionCode=1&hotelCode=COSAA&PMID=99801505&GPC=USB&cn=no&viewfullsite=true>

**Corp ID # 1000023510**

Marriott (0.7 miles away from conference – 16-minute walk up a hill, or 3-minute drive)

From \$132/night

5580 Tech Center Dr, Colorado Springs, CO 80919

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1627592992460&key=CORP&app=resvlink>

**Rate Code:** UCYC