



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GET READY FOR THE SUMMER!

**GET YOUR CHILD SWIM SAFE BEFORE
THEY HIT THE WATER THIS SUMMER!**



**IS YOUR YOUNG SWIMMER
READY TO GO THE DISTANCE?**

NEW Y Swim Strokes for ages 5-12 years

NEW Y Swim Basics for ages 3 – 5 years / NEW Y Swim Starters for 6mos – 3

The Y's new progressive swim lessons will help your child master the fundamentals of swimming, learn additional water safety skills, build technique and foster a lifetime of social-emotional and physical well-being.

The Y's new child-centered curriculum will help your child swim confidently at his or her own pace. All classes will focus on water safety, having fun while learning, building character and increasing self-confidence. We'll provide parents with helpful resources and weekly feedback to help them be active participants in their child's learning process.

Sign up today by contacting Deb Strus at
dstrus@ymcachicago.org or 708-352-7600

**Learn more about our NEW swim lessons at
ymcachicago.org/aquatics**