



# YOUTH SPORTS CLASSES



**PLEASANT DALE PARK DISTRICT**  
**SUMMER I 2017 • JUNE 12 - AUGUST 24**



## JUNIOR SOCCER ACADEMY

**Boys & Girls Ages: 4-6**

Junior Soccer Academy (JSA) is for young players who are looking for the perfect early soccer experience. This developmental program has been created to help instill the love of the game in a professional setting surrounded by caring and qualified coaches. On and off the field, the program will provide a positive learning environment with the tools to create a memorable experience for everyone involved. Our specially designed curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, and make soccer fun. **No Class: 7/3 & 7/6.**

<b>Section 1</b>	33519-1	Monday	4:00-4:45P	6/12-8/21	10 weeks	R/NR: <b>\$110/\$140</b>
<b>Section 2</b>	33510-1	Thursday	9:00-9:45A	6/15-8/24	10 weeks	R/NR: <b>\$110/\$140</b>

## LIL' DRIBBLERS

**Boys & Girls Ages: 3-5**

Children are introduced to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand eye coordination. **No Class: 7/3 & 7/4.**

<b>Section 1</b>	33519-2	Monday	5:00-5:45P	6/12-8/21	10 weeks	R/NR: <b>\$110/\$140</b>
<b>Section 2</b>	33510-2	Tuesday	10:00-10:45A	6/13-8/22	10 weeks	R/NR: <b>\$110/\$140</b>

## SPORTS AND MORE

**Boys & Girls Ages: 3-6**

Learn the basic skills of America's most popular sports: Football, Soccer, Basketball, Baseball, and more. Players will learn how to work together and be good teammates, as well as learn discipline and build self-esteem.

**No Class: 7/4 & 7/6.**

<b>Section 1</b>	33519-3	Tuesday	11:00-11:45A	6/13-8/22	10 weeks	R/NR: <b>\$110/\$140</b>
<b>Section 2</b>	33510-3	Thursday	11:00-11:45A	6/15-8/24	10 weeks	R/NR: <b>\$110/\$140</b>

## ADULT TOT SPORTS

**Boys & Girls Ages: 2-4**

Parents are integral parts of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. **No Class: 7/4 & 7/6.**

<b>Section 1</b>	33519-4	Tuesday	9:00-9:45A	6/13-8/22	10 weeks	R/NR: <b>\$110/\$140</b>
<b>Section 2</b>	33510-4	Thursday	10:00-10:45A	6/15-8/24	10 weeks	R/NR: <b>\$110/\$140</b>

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## DODGEBALL

**Boys & Girls Ages: 8-11**

Our youth dodgeball class gives participants an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls with the safety of game play being an important factor. Each week, different teams will be formed and a different style of dodgeball will be played. **No Class: 7/5.**

**Section 1**    33519-5    Wednesday    4:00-5:00P    6/14-8/23    10 weeks    R/NR: **\$110/\$140**

## GAME TIME BASKETBALL

**Boys & Girls Ages: 7-10**

In this class you will learn skills such as passing, dribbling and working as a team. This class will keep your child moving and help enhance their basketball skills through drills and various activities. Players will also experience 5 vs 5 scrimmages while receiving tips and active instruction from the Hot Shots coaching staff. **No Class: 7/5.**

**Section 1**    33510-5    Wednesday    5:00-6:00P    6/14-8/23    10 weeks    R/NR: **\$110/\$140**

## GAME TIME FLAG FOOTBALL

**Boys & Girls Ages: 9-12**

Players experience daily scrimmages with active instruction and tips from the Hot Shots coaching staff. Players will be encouraged to employ skills used in football such as running passing routes, play calling, defensive positioning, the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week. **No Class: 7/3.**

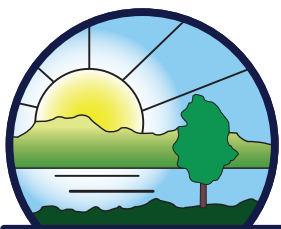
**Section 1**    33519-6    Monday    6:00-7:00P    6/12-8/21    10 weeks    R/NR: **\$110/\$140**

## GAME TIME FLOOR HOCKEY

**Boys & Girls Ages: 9-11**

Develop early hockey skills such as stick handling, passing and shooting along with the basic rules of the game. Our experienced staff will teach the players game strategy and basic techniques. Each class includes instruction as well as structured games. This class is for the hockey beginner looking to understand the game, learn new skills and have fun! **No Class: 7/5.**

**Section 1**    33510-6    Wednesday    6:00-7:00P    6/14-8/23    10 weeks    R/NR: **\$110/\$140**



**Pleasant Dale  
Park District**

## PLEASANT DALE PARK DISTRICT

7425 S. Wolf Rd. Burr Ridge, IL 60527 | 630-662-6220

For more information visit  
[southchicago.hotshots4kids.com](http://southchicago.hotshots4kids.com).

For questions contact James Coleman @  
[james@hotshots4kids.com](mailto:james@hotshots4kids.com) or 630-207-3292,  
or Taylor Martin @  
[tmartin@pleasantdaleparks.org](mailto:tmartin@pleasantdaleparks.org) or 630-662-6220.

