



MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY..



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

1 cup of milk and ½ cup of fruit offered daily.

Monday



Tuesday

Wednesday

Thursday

Friday

BBQ Riblet Sandwich **1**
WG Tater Tots
Carrot Coins

Orange Chicken/ Brown Ri **2**
Zucchini

Smart Domino Slice Pizz **3**
Sliced Red Peppers
Flavored Hummus

Turkey Deli Sandwich **4**
Soup
Pickled Cucumber

Bacon Cheese Burgers **7**
WG Fries
Fresh Broccoli

Bowtie Pasta Chicken Alf **8**
Sweet Peas

Chili / Hot Dog or Chili Dog **9**
Butter Corn

Smart Domino Slice Pizza- **10**
Carrot Sticks
Flavored Hummus

Nacho Bites (Turkey) **11**
Romaine Lettuce & Salsa
Roasted Corn & Black Beans

Chicken & Waffles **14**
Hash Browns Stars

Spaghetti w/Meat sauce **15**
Fire Roasted Corn
Garlic Bread

Thanksgiving Lunch **16**
Turkey/Gravy
Whipped Potatoes
Green Beans
Dinner Roll

Smart Domino Slice Pizza. **17**
Sliced Red Peppers
Flavored Hummus

Chicken Wrap **18**
Celery Bites/Peanut Butter

21
NO SCHOOL

22
NO SCHOOL

23
NO SCHOOL

24
Happy Thanksgiving

25
NO SCHOOL

BBQ Boneless Wings **28**
Fire Roasted Sweet Potatoes

French Toast **29**
Turkey Sausage
Country American Fries

Mac & Cheese **30**
Tuscan Green Veggies



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