

Located at Pleasantdale Elementary

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# MISSION PROPELLE

**AN EMPOWERMENT PROGRAM FOR GIRLS  
FEATURING YOGA & READING**



**WE CELEBRATE OUR  
BODIES + CALM OUR  
MINDS THROUGH  
YOGA**



**WE LEARN  
LEADERSHIP SKILLS  
THROUGH DOTTIE  
BOOKS**



**WE BOND AND  
SUPPORT EACH  
OTHER THROUGH  
MENTORING**

## SESSION DETAILS

Monday 8 wks

3:20 - 4:20p.m.

Start: 1/30 End: 4/10

\$160

3-4th Grade

For more info contact  
[melissa@missionpropelle.com](mailto:melissa@missionpropelle.com)

All students will receive a weekly e-book  
download & parent newsletter  
[www.missionpropelle.com/register](http://www.missionpropelle.com/register)

Class runs : 1/30, 2/6, 2/27, 3/6, 3/13, 3/20, 4/3, 4/10