



Dear Parent(s)/Guardian:

Pleasantdale School will once again be providing the “Rainbows for All Children, Inc.” program. This program is committed to helping children develop and strengthen problem-solving and coping skills, learn appropriate behavior and anger management, alleviate depression and anxiety, reduce emotional pain and improve communication in their family and peer relationships. This program has received generous participation from staff and students. The program lasts at least twelve meetings and a wrap-up celebration, Celebrate Me Day, at the end of the sessions.

When anything significant happens in a family, the entire family is affected. Though death and divorce may be thought of as a grown-up problem, children can be profoundly affected. If a parent dies or a divorce occurs, not only do parents grieve, the children do also. Because of their age and relatively short life experience, children may find it extremely difficult to verbalize feelings involved with grieving. Grieving can continue to occur years after a change. New events can trigger old feelings.

Members of the Pleasantdale staff have attended training sessions and have been certified by the “Rainbows for All Children” organization to act as facilitators. Small discussion groups are formed in order to give students an opportunity to share grief, to begin to understand what has happened in their families, and to begin to accept what has occurred. Groups meet during the lunch period. Sessions will be scheduled once responses indicate the number of interested students.

If you would like your child or children to be enrolled in this program, please respond to this letter, by filling out the reverse side and return the form to your designated school, by **Thursday, November 2, 2017**. We welcome new students and those who wish to continue in the program. If you have any questions about “Rainbows for All Children”, please feel free to call.

Sincerely,

Denise Spetter  
Elementary Rainbows Coordinator  
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