

PLEASANT DALE PARK DISTRICT



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2017

(course)	(dates)	(days)	(time)	(ages)	(res/non-res fee)	(location)
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BASEBALL CAMP

36308-1	6/05 - 6/09	M-F	9:00 a.m. - 12:00 p.m.	4-7	\$125/161.00*	TBD
<i>Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.</i>						

*Non-resident fee applicable to all customers not a resident of Pleasant Dale

BASKETBALL CAMP

36308-2	6/19 - 6/23	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$125/161.00*	TBD
<i>This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.</i>						

*Non-resident fee applicable to all customers not a resident of Pleasant Dale

CHEERLEADING CAMP

36308	7/10 - 7/14	M-F	9:00 a.m. - 12:00 p.m.	5-10	\$125/161.00*	TBD
<i>Skyhawks Cheerleading teaches girls the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance.</i>						

*Non-resident fee applicable to all customers not a resident of Pleasant Dale

FLAG FOOTBALL CAMP

36308-3	6/26 - 6/30	M-F	9:00 a.m. - 12:00 p.m.	5-7	\$125/161.00*	TBD
36308-4	6/26 - 6/30	M-F	9:00 a.m. - 12:00 p.m.	6-12	\$125/161.00*	TBD
<i>Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.</i>						

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TRACK & FIELD CAMP

36308-8	8/07 - 8/11	M-F	9:00 a.m. - 12:00 p.m.	6-12	\$125/161.00*	TBD
<i>Skyhawks track and field combines technical development, fundamental techniques and safety with a major focus on fun! Using special equipment, boys and girls learn the fundamentals of body positioning, stride, proper stretching and cool-down techniques.</i>						

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**SPACE IS LIMITED!
REGISTER TODAY»**

ONLINE:
www.skyhawks.com/ChicagoGreatLakes

PHONE:
800.804.3509