

Comidas GRATIS /FREE Food

In/Near Cerca District 3

Mon-Fri / Lu-Vi 12PM -2PM Bladensburg Community Ctr.

Mon-Fri / Lu-Vi 10AM - 12PM

Berwyn Heights ES | Beacon Heights ES | Cooper Lane ES
Gaywood ES | Glenn Dale ES | Hollywood ES | Hyattsville MS
Lamont ES | Magnolia ES | Paint Branch ES | Riverdale ES
Robert Frost ES | Seabrook ES | Templeton ES
William Wirt MS | Woodridge ES |

Mon-Th / Lu-Ju 10AM-12PM Auburn Manor Apartments

Full list / Lista completa:

<https://www.pgcps.org/food-and-nutrition/cards/Summer-Meals/>

29 DE JUNIO - 13 DE AGOSTO

PGCPS GRAB & GO MEALS



DANNIELLE M. GLAROS
DISTRICT 3

PRINCE GEORGE'S COUNTY COUNCIL

Phone: (301) 952-3060

Facebook.com/PGDistrict3



CouncilDistrict3@co.pg.md.us

Twitter: @GlarosCouncil3

Greater Riverdale Cares



Meals / Comidas

EVERY THURSDAY/CADA JUEVES

12:00 PM, Latin American Youth Center, 6200 Sheridan Street, Riverdale

1:00 PM, Reid Temple AME, 11400 Glenn Dale Blvd., Glenn Dale

Through August 31 / Hasta 31 de Agosto

TUESDAY & WEDNESDAY/ MARTES & MIERCOLES

10AM-1PM; THURSDAY/JUEVES 10AM-3PM

Capital Christian Fellowship
10411 Greenbelt Road, Lanham



EVERY THURSDAY/ CADA JUEVES 8:45 AM

Brighter Bites at Beacon Heights Elementary,
6929 Furman Parkway, Riverdale

EVERY THURSDAY/ CADA JUEVES 12:00PM

LAYC, 6200 Sheridan Street, Riverdale

EVERY SATURDAY/ CADA SABADO

10:00 AM Ebenezer We Care We Share,
6016 Princess Garden Pkwy, New Carrollton

10:00 AM College Park Church of the Nazarene,
9704 Rhode Island Avenue, College Park

11:30 AM United Baptist Church,
7701 Riverdale Rd, New Carrollton

11:30 AM Ebenezer Church of God,
7550 Buchanan St, Landover Hills

EVERY TUESDAY/ CADA MARTES 11:00 AM
Greater Riverdale Cares at St. Bernard's Catholic
Church, 5700 St. Bernard Drive, Riverdale Park
and
Greater Riverdale Cares at St. Christopher's Episcopal
Church, 8001 Annapolis Rd., New Carrollton

EVERY WEDNESDAY/ CADA MIERCOLES 12:00 PM

SEED at East Pines Community Center
5819 East Pines Drive, Riverdale



Groceries / Alimentos

Recursos Adicionales /Additional Resources

Request assistance / Solicitar asistencia: <https://bit.ly/D3Help>
or call **301-952-3060** or llame a **301-952-7473**

District 3 Seniors Age 60+ / Mayores de 60+

Sign up to receive free meals (if over 60) on July 8 and 22: <https://bit.ly/D3Meals>
Registrese para Comidas gratis los dias 8 y 22 de julio aqui: <https://bit.ly/D3Comidas>

The County's Senior Nutrition Program provides home delivered meals for older adults age 60 and older during the coronavirus pandemic. For more information, contact the Senior Nutrition Program at **301-265-8475**

El Programa de Nutrición para Mayores del Condado provee comidas repartidas a domicilio para adultos mayores de 60 durante la pandemia del coronavirus. Para más información, llame a Senior Nutrition Program al **301-265-8475**

Food & Friends delivers free meals to individuals who have a qualifying illness (HIV/AIDS, cancer, poorly-controlled diabetes, stage 5 renal disease, congestive heart failure, chronic obstructive pulmonary disorder "COPD", multiple sclerosis, ALS, and Parkinson's or be receiving hospice care, have a compromised nutritional status, and a limited ability to prepare his/her own meals.

<http://foodandfriends.org/refer-a-client/>

Food & Friends reparte comidas gratis a personas que tienen una enfermedad tal como HIV/AIDS, cáncer, diabetes poco controlada, etapa 5 de enfermedad renal, insuficiencia cardiaca congestiva, enfermedad pulmonar obstructiva crónica "COPD", esclerosis múltiple, ALS, y Parkinson's o que están recibiendo cuidado de hospicio, tienen estado nutricional comprometido, y limitada posibilidad de preparar sus propias comidas, pueden solicitar aquí: <http://foodandfriends.org/refer-a-client/>

College Park Meals on Wheels (residents of / para residentes de College Park, Adelphi, Greenbelt, Berwyn Heights, Beltsville):

<http://mowcp.yolasite.com/intake-form.php>

Call 211 for social service needs 24/7
Por necesidades de servicio
social llame al 211



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