**Stay Home When Sick**

At [**SPS**](https://www.seattleschools.org/glossary/sps-2/), we are committed to keeping our school communities safe. You can help us by keeping your student home when they have a known exposure to someone with COVID-19, or any COVID-like. (Attachment: Covid-Symptoms-Students)

Symptoms of COVID-19 may include:

|  |  |
| --- | --- |
| **Column One** | **Column Two**  |
| * Fever (≥100.4°F) or chills
* Muscle or body aches
* Shortness of breath or difficulty breathing
* New loss of taste or smell
* **Cough (new, changed, or worsening)**
 | * Headache
* Sore throat
* Nausea or vomiting
* Fatigue
* Diarrhea
* Congestion or runny nose
 |

For symptomatic individuals the symptoms have been classified into two groups:​

* **Column One:** your student needs to stay home and get tested for COVID-19.
	+ ​Student can return to school with a negative COVID test, fever has resolved (without medication) and other symptoms have significantly improved within 24 hours. ​
* **Column Two:** If a student has **ONLY** one symptom, he/she/they can return to school within 24 hours if symptoms have significantly improved. ​
	+ If the student has more than one symptom, or if the symptom has not improved significantly within the past 24 hours they must stay home and get tested for COVID-19.
	+ Student can return to school if NO vomiting or diarrhea within the past 24 hours AND no medication used.

**Before returning to school, please directly email a negative PCR or Antigen rapid test** to the Attendance office.

Thank you,

Salmon Bay Staff

\*Please check next page for testing site information

There are few COVID-19 testing sites close by school, or you can also check the King County website for more testing locations.

2.UW COVID-19 testing location

**Aurora**

[12040 Aurora Ave N, Seattle, WA 98133](https://www.google.com/maps/place/12040%2BAurora%2BAve%2BN%2C%2BSeattle%2C%2BWA%2B98133/%4047.7170216%2C-122.3462972%2C17z/data%3D%213m1%214b1%214m5%213m4%211s0x5490114b01b9ff89%3A0x5182fc3af5b0cf23%218m2%213d47.717018%214d-122.3441085)
Mon-Sat 9am - 5:30pm

Appointment encouraged | Self-swab
Testing: Drive-through and walk-up, no pre-surgery
Info line: 206.477.3977

1.UW COVID-19 testing locations

**Ballard**

[5415 Ballard Ave NW, Seattle, WA 98107](https://www.google.com/maps/place/5415%2BBallard%2BAve%2BNW%2C%2BSeattle%2C%2BWA%2B98107/%4047.6677354%2C-122.3876236%2C17z/data%3D%213m1%214b1%214m5%213m4%211s0x549015c662d18467%3A0x5f008503113d1817%218m2%213d47.6677318%214d-122.3854349)
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Testing: Walk-up, no pre-surgery
Info line: 206.477.3977

Salmon Bay K-8 School

Suzanne Jonas MSN, RN

School Nurse
Phone: 206-252-1727
smjonas@seattleschools.org

\*Contact nurse Suzanne directly with any questions or concerns.

Attendance Phone: 206-252-1728

Office Phone: 206-252-1720

salmonbay.attendance@seattleschools.org
\*Email or call the attendance office if your student is absent.