

December 9, 2021

Salmon Bay Families:

My name is Suzanne Jonas, and I am the school nurse at Salmon Bay K-8 school. The purpose of this letter is to detail COVID-19 protocols for Seattle Public Schools. I understand there is a lot of information available through the Centers for Disease Control (CDC), the Department of Health (DOH), and King County Public Health. Please note: Seattle Public Schools uses information from all these Public Health venues to create and implement guidance **specific** to Seattle Public Schools.

1. There are different criteria for different symptoms:
 - Any of the following symptoms REQUIRE a negative COVID test prior to return to school:
 - Fever (100.4 or greater)
 - Cough (new, worsening, or changed)
 - Muscle or body aches
 - Shortness of breath
 - New loss of taste or smell
 - Any of the following symptoms that last longer than 24 hours, or more than one symptom listed below requires a negative COVID test prior to return to school:
 - Nausea or Vomiting
 - Diarrhea
 - Headache
 - Fatigue (feeling more tired than usual)
 - Sore throat
 - Congestion or runny nose
2. **Please** keep your student home for any COVID symptoms (see the complete list in #1 above), until we receive the negative test result. This will prevent the potential exposure of other students at school and in the community.
3. A rapid antigen test (home test) is currently accepted UNLESS you are a close contact. Then, a laboratory-confirmed PCR test is required.
4. If your student has been exposed to COVID or YOU THINK your student MAY have been exposed to COVID, please contact me so we can discuss this prior to your student coming to school. You will be contacted by a SPS nurse if your student is considered a close contact.
5. A fully vaccinated individual is defined as two weeks post-second vaccination. There are different guidelines for fully vaccinated individuals and non-fully vaccinated individuals. A fully vaccinated individual who has no symptoms does not need to quarantine or get a COVID test unless symptoms develop.
6. If your student tests positive for COVID, please let me know as soon as possible. I need to gather a lot of health information so the district can determine student return date and possible close contacts.

Please help our community stay safe and healthy by following these protocols. I am available to answer any questions or concerns you may have. My work number is 206-252-1727; email: smjonas@seattleschools.org