

Hey! Did you know...

Five Fascinating Facts About Dr. Kendra Segura, MD, MPH, FACOG



Dr. Segura with her patient Tameka and Tameka's mom.

AS SEEN ON TV (AND BEYOND)

It's been a particularly busy year for T.H.E.'s new obstetrician/gynecologist Dr. Kendra Segura, an author and speaker who continues to be a champion for women's health in addition to being a mom of a baby boy and becoming a breakout star in [Married to Medicine: Los Angeles](#) on Bravo. Season two of this series premiered on May 3, 2020, when Dr. Segura became one of the of six women in the Los Angeles area who are either female doctors or doctors' wives.

What you may not know about Dr. Segura beyond the show are these 5 facts....

1

Celebrity status is not exactly new to Dr. Segura, who first became a local star in the 90's as a champion tennis player at Dorsey High School when she was just 14 years old. She excelled as an athlete and went on to a college scholarship playing tennis for Cal State University Northridge.

Check out this L.A. Times article noting her prowess and skill on the courts [**Serving Notice: 14-Year-Old Dorsey Freshman Topples Taft's Reigning City Tennis Champion**](#)





2

When injuries cut short her tennis career, she obtained a Master's of Public Health degree from Loma Linda University, then worked for L.A. County Department of Health where she performed disease surveillance and health education.



3

Dr. Segura decided to go to medical school, entering the medical community at a later stage of her life. She discussed her decision to study medicine in the inspiring book *The Chronicles of Women in White Coats*.



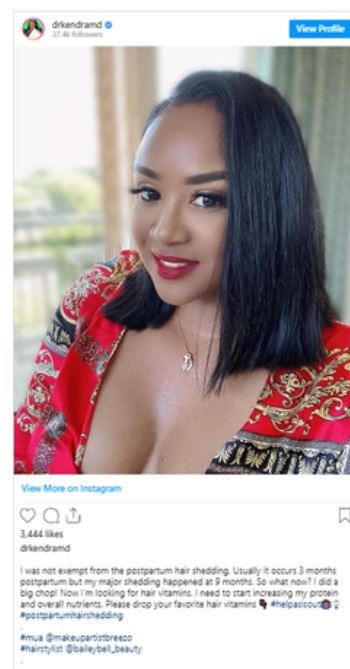
“It's important that doctors listen to women in their care. This is a partnership.
-- Dr. Kendra Segura”



4

Having experienced a high-risk pregnancy herself, she has a particular understanding of the complex array of challenges facing new moms: work demands, post-partum issues, and health considerations. She continues to share insights into how she navigates these matters on new media channels. You can follow her on Instagram or Twitter accounts at @DrKendraMD.

Very recently, she launched a new weekly program on YouTube with her friend and colleague Dr. Britten. Together Drs. Ken and Ten (Kendra and Britten) share opinions about the medical community, politics, relationships and more! Subscribe to @DrsKenandTen to keep up.



5

Dr. Segura's advocacy for women's health continues today. She just joined L.E.N.D. (Let's End Neonatal Deaths) as a board member. L.E.N.D. is an advocacy group that strives for equal opportunities for all mothers to receive good prenatal care, as well as to provide general information to the public regarding pregnancy and reproductive care, especially to populations who have traditionally been underserved. Pointing out the U.S. maternal mortality rate is abysmal in all categories -- ranking #10 out of 10 of the world's wealthiest countries -- Dr. Segura says there is much work to do."