

# VIRTUAL PARENT SUPPORT GROUP FOR ICS FAMILIES



## FOSTERING CONNECTIONS AND RELATIONSHIPS WHILE BUILDING WELLNESS

*Facilitated by Cindy Janecek, Family Resource Center and Shelly Cornelius-Roman, Support Services*

**Virtual Parent Support Groups will be held on Monday afternoons and Wednesday evenings. Join us for one or all, whatever you would like!**

***In order to receive information to join the group, you must register at least two hours prior to the start of the group.***

### **MONDAYS**

**April 27 - June 9, 2020**

**1:00 pm**

### **WEDNESDAYS**

**April 30, 2020 - June 4, 2020**

**7:00 pm**

**To register, please contact one of us below:**

Cindy Janecek  
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Shelly Cornelius-Roman  
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