

Planting Seeds of Self Care

Virtual
Parent
Café

*A Parent Café focused on
New Beginnings and Growth*

MONDAY, MARCH 15, 2021 • 6:00 PM - 8:00 PM

ICS parents and guardians are invited to
join our Virtual Parent Café on Monday,
March 15, 2021 from 6:00 pm to 8:00 pm.

PLEASE NOTE:

**There is limited space available and you must
register ahead of time to participate.**

*For more information and to register, please
contact Cindy Janecek, Family Resource Center
Director, by phone at: (414) 525-6117 or by
email at: cjanecek@ics-edu.org.*

*After registering, you will be contacted with login
information to join the Virtual Parent Café.*

What is a Parent Café?

The Parent Café is led by parents and school staff and is intended to be free, fun and informational! Parent Cafés offer opportunities to develop new friendships, share positive strategies for effectively handling child behaviors and gaining new perspectives on healthy and resilient families.

*We are offering this Virtual Parent Café to
continue the good work we've been able to do
with our families, while adhering to the
CDC safety guidelines.*

Resilience • Relationships • Communication



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