



INDIAN
COMMUNITY
SCHOOL

FAMILY
RESOURCE
CENTER

Parent
Café

How to Navigate Your Way Through the Forest of Feelings

MONDAY, MARCH 4, 2019

Meal is served at 4:45 pm. Parent Café runs from 5:30 pm to 8:00 pm.

ICS parents and guardians are invited to join our Parent Café on **Monday, March 4, 2019**. We will provide coffee, water and a meal. There is limited space available if you need childcare; please contact Cindy Janechek at (414) 525-6117 to arrange for childcare.

PLEASE NOTE: Advance registration is required - please use the form below.

What is a Parent Café?

The Parent Café is led by parents and school staff and is intended to be free, fun and informational! Parent Cafés offer opportunities to develop new friendships, share positive strategies for effectively handling child behaviors and gaining new perspectives on healthy and resilient families.

For more information, please contact Cindy Janecheck, Family Resource Center Director, at (414) 525-6117 or by email at: cjanechek@ics-edu.org.

PLEASE RSVP BY FEBRUARY 22, 2019 • Complete & return this form to FRC

Adult Participant
Name: _____

Phone Number: _____

FRC PARENT CAFE

Adult Participant
Name: _____

Phone Number: _____