

CAMPS

Camps

Register for one day or for all of them!

If you are looking for fun during school vacations, Liberty is the place to be! Kids will be participating in sports, activities, crafts, free swim, rockwall climbing, organized games and playtime in our 3-story obstacle play park. Lunch will be provided each day to full and morning half day campers. Liberty will also provide two snacks to full day campers and one snack to half day campers. Camps meet in the Conference Room. Every camper must have a current emergency form on file. *48-Hour cancellation policy applies to each day of Camp*



Camp Pricing

Half Day – AM

9:00am-1:00pm; \$40 (\$48) per day

Half Day – PM

1:00-5:00pm; \$40 (\$48) per day

Full Day

9:00am-5:00pm; \$66 (\$79) per day

Pre-Camp Option

8:00-9:00am; \$5 (\$6) per day

Post-Camp Option

5:00-6:00pm; \$5 (\$6) per day

INFORMATION

Contact Meaghan Kennedy, Camp & Youth Programs Director for further information at 734-665-3738 ext. 157 or e-mail her at meaghan.kennedy@libertyathletic.net.

EVENTS

Jumpin' Jamboree Summer Expo



SATURDAY, MARCH 3rd
1:00 - 3:00 PM

*Free Event for Members
& One Guest Family*
(Kids Ages 3-12)*

*Registration Required
Space is Limited*

Learn what Camp Liberty, Liberty Tennis and Liberty Swim School has to offer and receive great incentives* when you register during the event.

* Must be present to receive incentives

* For guest families up to 4, a \$9 guest fee applies for each additional guest. Fees will be billed to member's account.

Games & Activities | Special Incentives | Prize Drawings

Annual Egg Hunt Ages 10 & under

Saturday, March 24th

12:00-2:00pm



This event is a Liberty favorite and is free for members and their immediate family. The Bunny will be available for photos, be sure to bring your camera! More details to follow. Registration opens February 24.



Youth Programs Winter 2018

revised January 23, 2018



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Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net

YOUTH PROGRAMS

Shake-Rattle-Roll **Free Class** Ages 2-4

This playtime is designed to include a variety of activities for children ages 2-4. Obstacle courses, ball games, movement and music activities will all help to improve strength, flexibility, and coordination. If your child is in the Treehouse we can escort them to and from class! *24-Hour Cancellation Policy*

Mondays	9:45-10:15am Conference Room
	10:30-11:00am Conference Room

1/8-3/19 Members only / Registration opens 6 days in advance of each class. *Excludes 1/1, 1/15, 2/19, 3/26*

Fridays	9:45-10:15am Conference Room
	10:30-11:00am Conference Room

1/12-3/23 For members only / Registration opens 6 days in advance of each class. *Excludes 1/5, 2/16, 3/30*



Preschool Playdays **Free Class** Ages 4-5

Parents must remain in the Lagoon Activity Center and children must be toilet-trained to avoid any unfortunate incidents in the play structure. Please note that at all other times, children must be 5 years of age to enter the structure simply from a safety perspective relative to older children in the structure. *24-Hour Cancellation Policy*

Tuesdays	10:30am-12:00pm Lagoon Activity Center
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1/9-3/20 Members only / Drop In *Excludes 1/2, 3/27*

Thursdays	10:30am-12:00pm Lagoon Activity Center
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1/11-3/22 Members only / Drop In *Excludes 2/15, 3/29*

Dance Fit for Kids **Free Class** Ages 5 & up

Dance Fit is a fun, high energy class that combines the hit music kids love with easy to learn dance styles like swing, hip hop, and salsa. Suitable for all levels of fitness, no experience needed. *24-Hour Cancellation Policy*

Saturday	2:15-3:00pm Group Fitness Studio
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1/27, 2/24, 3/10 Members only / Registration opens 30 days in advance of each class.

YOUTH PROGRAMS

Family Yoga **Free Class** Ages 3+ and Parents

This class will teach basic yoga poses to help improve focus, relaxation and self-awareness. Parents are encouraged to participate with their children, but are not required to do so. Children 8 & under must be accompanied by an adult.

24-Hour Cancellation Policy

Saturdays	2:30-3:15pm Mind Body Studio
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1/6, 1/20, 2/3 Members only / Registration opens 6 days in advance of each class.
2/17, 3/3, 3/17

Kid Fit **Free Class** Ages 4-6

Kid Fit introduces conditioning, obstacle play, group games and more to children ages 4-6. With different activities each week, it's sure to keep them moving. If your child is in the Treehouse we can escort them to and from class! *24-Hour Cancellation Policy*

Tuesdays	6:30-7:15pm Lagoon Activity Center
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1/9-3/20 Members only / Registration opens 6 days in advance of each class.
Excludes 1/2, 3/27

Tween Fit **Free Class** Ages 7-12

Tween Fit introduces sports, conditioning, group games and more to tweens ages 7-12. With different activities each week, it's sure to keep them moving. *24-Hour Cancellation Policy*

Thursdays	6:30-7:15pm Lagoon Activity Center
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1/11-3/22 Members only / Registration opens 6 days in advance of each class. *Excludes 1/4*

Bounce House Days **Free Class** Ages 2 & up

Come join us for some inflatable fun! We will have a bounce house for participants under 40" and an inflatable obstacle course for those above. Bouncers 8 & under must be accompanied by an adult.

Saturday	2:00-4:00pm Adult Basketball Court
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1/13 & 2/10 Members only / Drop In

Homeschool Fit Ages 8-12

Homeschool Fit introduces sports, conditioning, group games and more! With different activities each week, it's sure to keep them moving. *48-Hour Cancellation Policy*

Wednesdays	1:00-2:00pm Lagoon Activity Center
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1/10-3/21 \$5 (\$8) per class / Registration is required

YOUTH PROGRAMS

Youth Dodgeball Ages 7-12

Come join your friends for a friendly game of dodgeball at Liberty! We use safe, sting-free Gator Skin balls that are easy to catch. You will learn a new variation of dodgeball each week and play with different players! *48-Hour Cancellation Policy*



Wednesdays	6:30-7:15pm Adult Basketball Court
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1/10-1/31 4mtgs \$20 (\$24)
3/7-3/21 3mtgs \$15 (\$18)
Registration is required

Youth Basketball Ages 6-10

Youth Basketball focuses on developing fundamental basketball skills while encouraging players to explore balance, movement, and hand-eye coordination. *48-Hour Cancellation Policy*

Wednesdays	6:30-7:15pm Adult Basketball Court
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2/7-2/28 4mtgs \$32 (\$39)
Registration is required

Preschool Gymnastics **New Class** Ages 3-5

Designed to match a preschooler's boundless energy and imagination, this program focuses on teaching basic motor skills, socialization and fundamental gymnastics skills. Must be potty trained. *48-Hour Cancellation Policy*

Saturdays	3:00-3:45pm Group Fitness Studio
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1/13-1/27 3mtgs \$24 (\$29)
Registration is required

Gymnastics Ages 6-8

This introductory program focuses on the fundamentals of gymnastics and skill building with moves such as backward & straddle rolling, cartwheels, handstands, bridges, pullovers and more. *48-Hour Cancellation Policy*

Saturdays	2:00-2:45pm Group Fitness Studio
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1/13-1/27 3mtgs \$24 (\$29)
Registration is required

Parents Night Out Ages 5-12

Enjoy a night out while your children enjoy games, gym time, the rockwall and more! Pizza dinner is included. Children must be 45 lbs. to climb the rockwall. *24-Hour Cancellation Policy*

Fridays	5:00-8:00pm Conference Room
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1/26, 2/23, 3/23 \$24 (\$30) per class
Registration is required