

# THE SPA

---

AT LIBERTY



2975 W. Liberty Rd., Ann Arbor, MI 48103  
Phone 734.665.3738 • Fax 734.665.6353  
[www.libertyathletic.net](http://www.libertyathletic.net)

LIBERTY ATHLETIC CLUB  
734.665.3738 Ext. 134

# THE SPA

## AT LIBERTY

### Nail Services

Luxuriate in the privacy and comfort of The Spa at Liberty while treating yourself to one of our wonderful nail services.

#### Manicures

Complete your look with a classic manicure, a Spa manicure with paraffin treatment, a French manicure or a Shellac manicure.

	mem/non
Classic Manicure	\$22/24
Spa Manicure <i>(Includes paraffin)</i>	\$28/30
Shellac Manicure*	\$38/40

#### Pedicures

Our pedicures are about more than just pretty toes. A therapeutic soak, exfoliation and massage increase circulation and keep hard working feet healthy, happy and...pretty, of course!

	mem/non
Classic Pedicure	\$42/46
Spa Pedicure <i>(Includes paraffin)</i>	\$48/50
Pick-Me-Up Pedicure	\$30/32
Shellac Pedicure*	\$50/52

#### Combos

	mem/non
Classic Manicure/Classic Pedicure	\$56/62
Shellac Manicure/Classic Pedicure	\$74/76

#### Add On Services

	mem/non
Ecofin 100% Natural Paraffin Alternative	\$10/12
Hydrating Paraffin Spa Treatment	\$8/10
Exfoliating Spa Treatment for Hands	\$8/10
French Polish with any Mani or Pedi	\$5/7
Shellac Removal Only	\$10/12

\* No additional charge for Shellac removal when booked with reapplication

### For Men

	mem/non
Men's Hand Maintenance	\$15/17
Men's Foot Maintenance	\$33/35
Men's Combo <i>(Hands/Feet)</i>	\$42/44

### For Ages 5-8 Only!

	mem/non
Mini Sticker Manicure	\$10/11
Lollipop Pedicure	\$16/18

### Massage & Body Therapies

A combination of science and art, therapeutic massage is an excellent way to relieve stress and tension, ease stiff joints and muscle spasms, promote healing and flexibility, enhance athletic performance, improve circulation, and promote mental alertness and a feeling of wellness. Our therapists incorporate a variety of modalities including, Swedish, Deep Tissue (myofascial and neuromuscular), Sports and many more to create a customized massage.

	mem/non
30 Minutes	\$50/55
45 Minutes	\$65/70
60 Minutes	\$70/75
90 Minutes	\$95/100
120 Minutes	\$130/135

#### Thai Massage

Align the energies of the body with Thai massage. This blend of a variety of massage techniques focuses on preparing, aligning and opening energetic pathways throughout the body. Similar to yoga, the recipient feels centered and rejuvenated after a session, which are typically given on a Thai mat placed on the floor. Please wear comfortable, loose fitting clothing for this massage.

	mem/non
90 Minutes	\$120/\$135
120 Minutes	\$150/\$165

#### Pregnancy Massage

Offered in the second and third trimester, Pregnancy massage utilizes specialized techniques and supportive pillows to ease structural and muscular strain and relieve tension for a gentle, calming effect on both mother and baby.

	mem/non
75 Minutes	\$80/\$85

#### Reflexology

An entire session is focused on the soles of your feet and/or hands. Pressure is systematically applied to reflex points or referral zones which correlate to the body's organs, glands, bones, and muscles, promoting a sense of total relaxation and wellbeing.

	mem/non
30 Minutes	\$40/\$45
60 Minutes	\$60/\$65

### The Spa at Liberty

Please call 734.665.3738 ext. 134 to schedule an appointment. Nonmembers are required to provide valid credit card information to schedule an appointment.

Please plan to arrive 15 minutes prior to your scheduled appointment. If you arrive late, your treatment time may be reduced in order to finish on time for the next scheduled client and the full fee for your service will be charged.

A confirmation call will be made 48 hours prior to your service. To avoid charge, please honor our 24-hour advance notice cancellation policy.

In appreciation for outstanding service, gratuities may be given to the staff, or at checkout, at your discretion.

Prices and services are subject to change without notice.