

FITNESS & FUN FOR ALL AGES

Freaky Fun Family Fitness Day!

Sunday, October 20

2:30-4:30 Games & Activities

4:30-5:00 Jumpin' All-Stars

Costume Contest

Wear your costume to the event and stop by the judging table to enter the contest for a chance to win a month of dues & more!

2:30-4:00 Family & Kid's Costume Entry *(Track)*

Best Look Alike, Most Creative, Staff Favorite

4:15-4:30 Winners Announced

(Basketball Court)



Registration Required by October, 17 | Space is Limited

Open to Members & Their Immediate Family | Free to Members | \$12/Non-Member *(Parent, Grandparent, Child, Grandchild)*

No Guest Passes | Fees Charged to Member's Account | Children under 12 must be accompanied by an adult



BAT SPLAT

2:30-4:30 (Track)
Wings that fly
Black is the bat
Toss the ball
To make a splat



GORDO BALLOON SCULPTING

2:30-4:30 (Track)
Balloons in fun shapes
Oh what a treat
And Gordo is always
A fun guy to meet



FAMILY "BOO" CAMP

2:30-4:00 (Basketball Court)
Workin' up a sweat
And Movin' like a ghost
This family workout
Is simply just the most



GRAVEYARD GOLF

2:30-4:30 (Track)
Tombstones and ghosts
May get in the way
Golfing in this place
Is ghoulish fun play



CAPTAIN JACK'S SCALLYWAGS

2:30-4:30 (Lap Pool)
Diggin for treasure,
Searchin' for gold
What will you find
In the pirates' hold?



ITTY BITTY BOO

2:30-4:30 (Wellness Studio)
Dancing and treasures
Monsters and fun
Apples and Frog
For your littlest one



COSTUME CONTEST

2:30-4:00 Costume Entry (Track)
4:15-4:30 Winners Announced (BB Court)
Show off your costumes
Win, don't you lose
You may drive home
With a free month of dues!



JUMPIN' ALL-STARS

4:30-5:00 (Basketball Court)
These award-winning jumpers
Will delight and astound
Join us to marvel
When the Allstars come round



CREEPY COOKIE CRAWL

2:30-4:30 (Track)
Creeping around
Stop when we say
Maybe you'll win
A cookie today



MINION MASH

2:30-4:30 (Track)
Tossin' the minion
Don't let it smash
Join us for
A Minion mash!



ENCHANTED FOREST

2:30-4:30 (Group Fitness Studio)
Walk, weave and climb
Through our forest floor
The enchantment abounds
Like never before



SPOOKY STICKS

2:30-4:00 (Mind Body Studio)
Glowing drumsticks
Now don't you cheat
As we keep time
To the spooky beat



FORTUNE TELLER

2:30-4:30 (Track)
Sit for a spell
With our fortune teller
Madame Calypso's crystal ball
Bringing luck and good fortune
To one and to all



TAT - A - TOMB TATTOOS

2:30-4:30 (Track)
Spooky designs
Across your skin
This is where
The inking begins



FREAKIN' FUN PHOTO BOO-TH

2:30-4:30 (Track)
Lights camera post
To liberty@libertyathletic.net
And a freakin free guest pass
You surely will get
(During event only)



WARTS & ALL CLIMBING WALL

2:30-4:30 (Lagoon Activity Center | 45lbs. & up)
Climb and climb
Up to the sky
The witchy wall beckons
To give it a try



GHOSTBUSTERS GAGA BALL

2:30-4:30 (Lagoon Activity Center)
Who you gonna call
As you run to the pit
The big puffy guy
He's always a hit!



WORM SQUIRM

2:30-4:30 (Track)
Crawl and wriggle
Scoot with much force
As we lead you through
This creepy course