

## GENERAL CLUB INFORMATION

### HOURS OF OPERATION

Mon-Thu	5:30am-10pm
Friday	5:30am-9pm
Saturday	7am-8pm
Sunday	7am-9pm

### BUSINESS OFFICE

Mon-Fri	8am-2:30pm
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### MEMBERSHIP SALES

Mon-Thu	9:30am-7pm
Friday	9:30am-4:30pm
Saturday	9am-4:30pm
Sunday	10am-4:30pm

The Membership Sales Department can be reached at 734.665.3738 ext. 112 or sales@libertyathletic.net to schedule your appointment.

### CONCIERGE

Mon-Thu	8:30am-6:30pm
Friday	8:30am-1:30pm
Saturday	8:30am-1:30pm
Sunday	10am-2pm

### CAFÉ LIBERTY (indoors)

Mon.-Thu	8am-7:30pm
Friday	8am-6:30pm
Saturday	9am-6:30pm
Sunday	9am-6:30pm

### TREE HOUSE ACTIVITY CENTER

Mon.-Thu	8:30am-2:30pm & 5pm-8pm
Friday	8:30am-2:30pm & 5pm-8pm*
Sat & Sun	8:30am-2:30pm

\*Friday evening hours effective 1/18 - 3/15

### INDOOR LAP POOL AVAILABILITY

Please see a Lap Pool Availability schedule for details. View it online at [www.libertyathletic.net](http://www.libertyathletic.net), or grab a brochure from the lobby's literature rack.

### CLUBWIDE GUEST FEES

Age 11 & under	\$12 (this includes Tree House guests)	
Age 12-17	\$15	
Age 18 & up	\$18	
Tennis Only	\$12	IHRSA \$9

## GENERAL CLUB INFORMATION

### Basketball Court Reserved Times

Monday	9:30am-10:30am	Group Fitness
Tuesday	5pm-8pm	Ages 18 & up Drop-In
Thursday	10:30am-11:30am	Group Fitness
	5pm-8pm	Ages 18 & up Drop-In
Friday	6am-7am	Group Fitness
	9:30am-10:30am	Group Fitness
	3:30pm-4:30pm	Middle School Drop-In
	4:30pm-6pm	High School Drop-In
Saturday	9-12pm	Ages 18 & up Drop-In
Sunday	9-12pm	Ages 18 & up Drop-In
	12-4pm	Half Court Play Only

### Track Reserved Times (inside 2 lanes)

Tue/Thu	6:15-7:15am
Tue/Wed/Thu	9:30-10:30am
Saturday	9:30-10:30am

### General Age Requirements

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus requires parent/legal guardian to remain on the premises.

### Fitness Floor and Exercise Facilities

Children under age 12 are not permitted in these areas unless working with a Liberty Athletic Club Personal Trainer. Children must be 15+ to use free weights.

### Group Fitness Classes

Group Fitness classes, with the **exception of Spinning**, are open to participants age 12 and up. Spinning participants must be 15 years of age or older.

### Indoor Full-size Basketball Court

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied.

### Indoor Track

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

### Indoor Lap Pool

Children under **age 15** must be lap swimming -and- be accompanied by a parent.

### Locker Rooms

Boys may enter the women's locker room and girls may use the men's locker room until their 4<sup>th</sup> birthday. Upon children turning 4 years old please use locker rooms of 'matching' gender, or use the Family Locker Room (co-ed) located on the east side of the indoor swimming pool.

# Hours & Information



## Winter 2019

revised January 4, 2019

**Effective January 7, 2019**



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Phone 734.665.3738 • Fax 734.665.6353  
[www.libertyathletic.net](http://www.libertyathletic.net)



## Indoor Waterpark

<b>MON</b>	*9am-8:30pm	OPEN, No Lifeguards
<b>TUE</b>	*9am-8:30pm	OPEN, No Lifeguards <i>Water Features on From 12-2</i>
<b>WED</b>	9am-11am 11am-8:30pm	<b>CLOSED</b> (Pool Maintenance) OPEN, No Lifeguards
<b>THU</b>	*9am-8:30pm	OPEN, No Lifeguards <i>Water Features on From 12-2</i>
<b>FRI</b>	9am-4pm 4pm-7pm	OPEN, No Lifeguard <b>OPEN, Lifeguarded</b> <i>Effective 1/18 - 3/15</i>
<b>SAT</b>	10:30am-12:30pm 1pm-5:30pm 5pm-7pm	<b>CLOSED</b> (Swim Programs) <b>OPEN, Lifeguarded</b> Open, No Lifeguards
<b>SUN</b>	*9am-12:30pm 12:30pm-5:30pm 5:30pm-8pm	OPEN, No Lifeguards <b>OPEN, Lifeguarded</b> OPEN, No Lifeguards

## Indoor Waterpark

### During **NON-LIFEGUARDED** Waterpark Hours:

Children under age 15 must be accompanied by a parent in the pool area. Waterslides are closed during this time.

### During **LIFEGUARDED** Waterpark Hours:

Children under age 12 must be accompanied by a parent in the pool area. Ages 12 and up may use the Lagoon unaccompanied during lifeguarded hours as long as parents remain on Liberty's premises. Waterslides are open during this time.

**Lagoon waterslide height requirement is 48".**

**Swim ability requirements apply.**

\*Zero depth pool will remain open during scheduled swim clinics. All other Lagoon pools will be closed.

**Inflatable floats and rafts are not permitted in Liberty pools, with the exception inflatable safety devices for infants and toddlers.**

## LAGOON ACTIVITY CENTER

The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court! Both the Climbing Wall and Obstacle Play Park have weight or age restrictions based on the manufacturer recommendations. For the safety and enjoyment of all children we ask that you adhere to these policies.

***This area is under video surveillance.***

### Climbing Wall & Obstacle Play Park Hours

<b>MON</b>	9am-4pm	OPEN, No Attendant
	4pm-7pm	<b>Attendant on Duty</b>
	7pm-8:30pm	OPEN, No Attendant
<b>TUE</b>	9am-4pm	OPEN, No Attendant
	4pm-7pm	<b>Attendant on Duty</b>
	7pm-8:30pm	OPEN, No Attendant
<b>WED</b>	10am-4pm	OPEN, No Attendant
	4pm-7pm	<b>Attendant on Duty</b>
	7pm-8:30pm	OPEN, No Attendant
<b>THU</b>	9am-4pm	OPEN, No Attendant
	4pm-7pm	<b>Attendant on Duty</b>
	7pm-8:30pm	OPEN, No Attendant
<b>FRI</b>	9am-8pm	OPEN, No Attendant
<b>SAT</b>	10am-2pm	<b>Attendant on Duty</b>
	2pm-6:30pm	OPEN, No Attendant
<b>SUN</b>	11am-4pm	<b>Attendant on Duty</b>
	4pm-8pm	OPEN, No Attendant

## RULES

### Lagoon Activity Center Area

1. Children under age 8 must be supervised by an adult at all times.
2. Children ages 8-12 may use this area unaccompanied as long as a parent/supervisor remains on the premises.
3. Tennis shoes and dry clothing are required, no bathing suits.
4. Water only. No food, gum, or other beverages.

### Specific Obstacle Play Park Rules

1. Children must be **5 years of age or older** to play on the Obstacle Play Park structure. Please obtain a wrist band from attendant or front desk.
2. Use hand sanitizer before and after climbing.
3. Remove shoes, all loose items of clothing with strings, and/or jewelry.
4. **Socks must be worn** when playing within the structure.
5. No sharp objects on your body, in pockets, or on clothing.
6. No climbing on the outside of play equipment.
7. Do not swing on punching bags or play with the netting.
8. No horseplay or pushing.
9. Slide feet first, and only one person at a time allowed on the slides. No climbing up the slides.
10. No food, drinks, or gum allowed within the play structure.
11. No sick children.

### Specific Climbing Wall Rules

1. Climber's must weigh a **minimum of 45 pounds and a maximum weight of 250lbs.**
2. Shoes must be worn.
3. Climber's must be fitted with a harness by the attendant on duty to climb the wall.