



**MORRIS MERTZ WELLNESS  
CAFE FOR OLDER ADULTS  
60 & OVER  
FOOD | ACTIVITIES |  
SOCIALIZATION | FUN**



**YIPPEE!  
IT'S  
FREE!**

## MARCH 2026



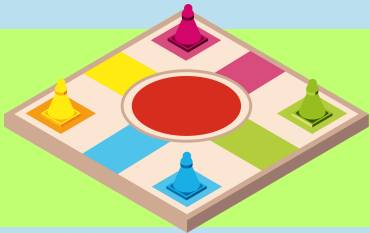
### March 6th:

Join us as we play BINGO. There will be prizes to win too!



### March 13th: Featured Speaker

Dr. Sutton from Geisinger Ortho Group will educate us.



### March 20th: Board Games

Relax, enjoy breakfast and play some Board games that we will have available.



### March 27th: Trivia

Test your knowledge and enjoy some trivia games!



**Fridays 10:00am-11:30am, JCC Goodman Lounge**

**Open to all older adults 60 & over. Everyone is welcome!**

**JCC members, Renew Active & Silver Sneakers members (must scan in)**

**Sponsored by the Foundation for the Jewish Elderly of Eastern PA,**

**United Way of Lackawanna County &**

**Temple Israel of Dunmore**