



**MORRIS MERTZ WELLNESS
CAFE FOR OLDER ADULTS
60 & OVER
FOOD | ACTIVITIES |
SOCIALIZATION | FUN**



**YIPPEE!
IT'S
FREE!**

JUNE 2026



June 5th: BINGO

Join us as we play BINGO! There will be prizes to win too!



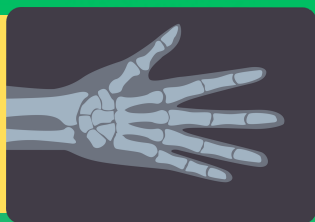
June 12th: Security at the JCC

Join CEO Dan Cardonick and SCN Regional Advisor Tim Brooks as they talk about community safety.



June 19th; Trivia

Test your knowledge with a fun trivia game to keep your mind stimulated.



June 26th: Bone density

Our featured speaker will discuss bone density and aging.

Fridays 10:00am-11:30am, JCC Goodman Lounge

Open to all older adults 60 & over. Everyone is welcome!

JCC members, Renew Active & Silver Sneakers members (must scan in)

Sponsored by the Foundation for the Jewish Elderly of Eastern PA, United Way of Lackawanna County & Temple Israel of Dunmore

