



BUILDING A HEALTHY WORKFORCE TOGETHER



20% Discount on your Defiance Area YMCA Membership
for all Defiance Area Chamber of Commerce Members

The **Defiance Area YMCA** and the **Defiance Area Chamber of Commerce** have partnered together to save you and your employees money on your health & wellness.

A company's most valuable asset is its employees. A healthy workforce leads to better productivity, less absenteeism, higher company morale, and lower healthcare costs, all of which have a direct impact on the success of the company.

Research has shown that an effective wellness program can have a significant impact on a variety of health risk factors including cholesterol, blood pressure, cardiovascular disease and obesity.

By partnering with the Y, companies can provide their employees with a comprehensive wellness program, health education and savings on memberships.

YMCA'S CORPORATE CHAMBER MEMBERSHIP-BUILT FOR YOU

Take the first step toward a healthier workplace when you offer the YMCA Chamber Corporate Discount as part of your employee benefit package.

EMPLOYEE ADVANTAGES:

- FREE Group Exercise Classes
- Reduced rate on program fees
- FREE Fitness Orientation
- FREE Health Assessment (We will measure your cardiovascular fitness, muscle strength and endurance, flexibility and body composition)
- Nationwide Reciprocity (Access to Y's across the country)
- Child Watch (Babysitting for members while they work out/attend programs)
- 2 Indoor Pools
- Hot tub, Sauna, Steam Room
- Youth Center
- Gymnasium Complex
- Racquetball Court
- Youth Sports
- Adult Sports
- Swim Lessons and MORE!

COMPANY ADVANTAGES:

- Minimal time commitment
- Easy to implement
- Payroll deduction option
- Track employee's usage for reimbursement from employer option
- Better work performance
- Lower healthcare costs
- Increased workplace productivity
- Increased workplace morale
- Decreased absenteeism/reduced injuries



GOOD HEALTH IS GOOD BUSINESS



You read about the benefits of healthy living every day: lose weight, feel more productive, reduce stress and other health risks. Today is your opportunity to make a lifestyle change that will affect your whole family. Defiance Area Chamber of Commerce has partnered with the Defiance Area YMCA to offer a quality wellness program at an affordable price. This affordable pricing is available for all Defiance Area Chamber of Commerce members and their employees.

Defiance Area Chamber of Commerce Corporate Discount

20% Discount	Regular Annual Rate	Your Annual Rate	Your Monthly Rate	ANNUAL SAVINGS!
Adult	\$584.98	\$467.98	\$39.00	\$117.00
Adult Senior	\$560.56	\$448.44	\$37.37	\$112.12
Couple	\$767.57	\$614.06	\$51.17	\$153.51
Couple Senior	\$732.68	\$586.14	\$48.85	\$146.54
Family	\$857.12	\$685.69	\$57.14	\$171.43

If your company is a Defiance Area Chamber of Commerce member and would like to take advantage of this discount please have your HR Department or Benefits Coordinator Contact one of the following:

Tina Draine

Marketing Communications Director
 tdraine@defianceymca.org
 419-784-4747

Alicia Holbrook

Membership Engagement Director
 aholbrook@defianceymca.org
 419-784-4747

A FIT BODY MEANS A FIT MIND

DEFIANCE AREA YMCA

1599 Palmer Drive
 Defiance, OH 43512
 (419) 784-4747
 www.defianceymca.org

