

The **Defiance Area YMCA** and the **Defiance Area Chamber of Commerce** have partnered together to save you and your employees money on your health & wellness.

COMPANY ADVANTAGES:

- Minimal time commitment
- Easy to implement
- Payroll deduction option
- Track employee's usage for reimbursement from employer option
- Better work performance
- Lower healthcare costs
- Increased workplace productivity
- Increased workplace morale
- Decreased absenteeism/reduced injuries



NEW YOUNG ADULT MEMBERSHIP TYPE



Chamber 20% Discount	Regular Annual Rate	Your Annual Rate	Your Monthly Rate	ANNUAL SAVINGS!
Young Adult (ages 14-26)	\$284.94	\$228.00	\$19.00	\$56.94
Adult	\$584.98	\$467.98	\$39.00	\$117.00
Adult Senior	\$560.56	\$448.44	\$37.37	\$112.12
Couple	\$767.57	\$614.06	\$51.17	\$153.51
Couple Senior	\$732.68	\$586.14	\$48.85	\$146.54
Family	\$857.12	\$685.69	\$57.14	\$171.43

\$0 JOINER FEE!

DEFIANCE AREA YMCA 1599 Palmer Drive Defiance, OH 43512 (419) 784-4747 www.defianceymca.org

MORE THAN A GYM



- 100,000+ square foot facility
 - ◊ Pool
 - ◊ Spa Area
 - ◊ 5 Basketball Courts
 - ◊ Racquetball Court
 - ◊ Youth Center
 - ◊ Walking Track
 - ◊ Fitness Center
 - ◊ Weight Room
 - ◊ Child Watch Room-**FREE** to Members
- **FREE Fitness Orientation includes:**
 1. **FREE** Health Assessment
 2. **FREE** Health Coaching and Fitness Goals
- **FREE Group Exercise Classes:** (see program guide for complete list)
- Our nationwide reciprocity allows you to travel and be able to use your membership across the U.S.
- Reduced program fees
- 5K races
- **FREE** Family fun nights
- Free weight room
- Adult Sports
- Personal Training
- Weight loss programs
- Youth sports
- Itty Bitty sports (2-3 year olds)
- Sport specific personal training
- Swim Lessons
- Child Care & Preschool Program
- Swim Team
- Fun nights



If your company is a Defiance Area Chamber of Commerce member and would like to take advantage of this discount please have your HR Department or Benefits Coordinator Contact:

Alicia Holbrook

Membership Engagement Director
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419-784-4747

