



HOUR

FAMINE

*November 20-21, 2021
John Wesley UMC Youth Group*



20 Hour Famine Letter to Families

Dear Families,

I am so glad that your youth is interested in participating in our 20-hour famine! In past years, John Wesley Youth have fasted for 15 hours so I am very excited to have the opportunity to push the youth a little bit more outside their comfort zone! Here are some of the important details:

We will meet at the church on Saturday, November 20 at 12:00pm for lunch together. After this meal, we will not eat again until Sunday, November 21 at 8:30am when we share communion and a pancake breakfast together. Throughout our 20 hours, we will be participating in various service projects, prayer stations, other worship activities, games, and more! We will have frequent juice and Gatorade breaks in order to keep our blood sugar in check and water will be available at all times. If you have any concerns about your youth fasting for 20 hours, please let me know. We want everyone to be able to participate and I can definitely work something out with them!

Throughout our fast, we will be raising money for World Vision, an organization that works to end world hunger! For every \$40 we raise, a child is cared for and fed for a month. While we do not require a registration fee, I want to encourage your youth to talk to family members, friends, teachers, or church members about the important mission of World Vision in hopes of receiving donations for this organization.

Because of COVID-19, we are asking that all participants (youth, volunteers, and staff) provide either proof of vaccination or a negative COVID test to participate. We do not want to require masks while we are at the church but we will recommend them if it is necessary in November. However, if/when we leave John Wesley to participate in service projects, we will wear our masks and be respectful of social distance!

Please return the attached permission form to me by Sunday, November 14. If you have any questions or if you would like to volunteer, please let me know!

Peace,

Hannah Stelter

Hannah Stelter



20-Hour Famine Registration Form

Youth will meet Hannah and adult volunteers at JWUMC on **Saturday, November 20 at 12:00pm for one last meal together before the famine begins.** Youth and Volunteers will be fasting and sleeping in the church overnight. Students will complete service projects with one another, participate in activities, reading, praying and breaking the fast with Communion on Sunday morning (pancake breakfast to follow). All students are expected to attend the 9:30am service following the pancake breakfast.

Code of Conduct

I will....

- Be courteous, polite and a good representation of John Wesley UMC
- Observe the posted rules and those verbally communicated
- Clean up after myself and leave the area better than we arrived
- Respect authorities, including John Wesley UMC staff and volunteers
- Pay for damaged and/or destroyed property
- Stay with the group at all times
- Not use and possess alcohol, cigarettes and/or drugs
- Respect others' physical boundaries. Inappropriate behavior (i.e. harassment, bullying, rough housing, etc.) is not permitted
- Not use profanity
- Participate in all service activities with a happy heart and open mind

Participant Printed Name _____ Signature _____ Date _____

Emergency & Medical Information

In case of an emergency, parents will be notified. The chaperones will do everything in their power to make sure each participant is safe and will receive proper medical attention at the time of any incident

Any known Food or Medicine Allergy _____

Current Medications _____

Medical conditions we should be aware of _____

Insurance Provider and Policy Number _____

Consent

Parent/Guardian: By signing, I am stating that I agree with the Code of Conduct above. I also understand that each participant is in a safe environment and do not hold John Wesley UMC, or any staff or volunteer liable for any illness or mishap during the event. I understand if my child gets removed from the event, I am responsible for transportation of my child home. I authorize treatment by an accredited hospital and/or physician as needed for my child.

- It is OK for my child(ren) to be photographed/recorded and for those media to be shared on the JWUMC website, other social media, FCTV public access channel and printed promotional materials. Their names will not be shared.
- It is NOT OK for my child to be photographed/recorded.

Parent/Guardian Signature _____ Date _____
Parent/Guardian Name Printed: _____ Cell Phone _____