

LOOK YOURSELF OVER

3. Be ready to make suggestions.

5. Be prepared to speak pleasantly.

7. Correct bad breath.

8. Get rid of chewing gum.

11. Wear clean shirt.

13. No body odor.

14. Fold shirt sleeves neatly.

17. No patches in trousers' seat.

20. Wash Hands.

21. Clean fingernails.

22. Wear clean trousers.

24. Wear comfortable shoes.



1. Cap should cover hair

2. Keep hair trimmed.

4. Have clean shave.

6. Brush teeth.

9. Wear clean collar.

10. Be sure tie is no frayed or dirty.

12. Button all shirt buttons.

15. Fasten apron neatly.

16. Have shirt neatly tucked in trousers.

18. No wrist watch.

19. No flashy jewelry.

20. Wash hands.

21. Clean fingernails.

23. Turn up trousers if too long.

25. Wear clean shoes.