

**Edgemoor Recreation Center
2018 Fall Session**



Fall 2018 Class Session begins Monday, September 17th.

Fall Session:

<u>CLASS</u>	<u># of Classes</u>	<u>DAYS</u>	<u>TIME</u>	<u>FEE</u>
<u>ADULTS (ages 55+)</u>				
<u>Active Adult Fitness</u>				
Forever Fit	12 – 9/18 (No class 11/6)	Tu	9:00 a-9:45 a	\$28
Sit & Fit	12 – 9/21 (No class 11/23)	F	9:00 a-9:45 a	\$28
<u>ADULTS (ages 16+, unless indicated otherwise)</u>				
<u>Adult Art</u>				
Oil Painting	6 – 9/17 (No class 10/1)	M	1:30 p-3:30 p	\$40
Oil Painting	5 – 11/5 (No class 11/12)	M	1:30 p-3:30 p	\$34
<u>Adult Fitness</u>				
Dancing For Fitness	12 – 9/17 (No class 11/12)	M	9:00 a-9:45 a	\$28
Dancing For Fitness	12 – 9/19 (No class 9/26)	W	9:00 a-9:45 a	\$31
Dancing For Fitness	11 – 9/19 (No class 9/26 & 10/31)	W	6:30 p-7:15 p	\$28
Dancing For Fitness	12 – 9/22 (No class 11/24)	SA	9:00 a-9:45 a	\$28
Hula Hoop Workout	11 – 9/19 (No class 10/31 & 11/21)	W	5:30 p-6:15 p	\$26
Pilates	13 – 9/18	TU	9:30a-10:30 a	\$41
Stretch & Flex	12 – 9/18 (No class 11/6)	TU	9:45 a-10:15 a	\$21
Stretch & Flex	12 – 9/21 (No class 11/23)	F	9:45 a-10:15 a	\$21
Yoga	12 – 9/17 (No class 11/12)	M	9:45 a-10:45 a	\$38
Yoga	12 – 9/17 (No class 11/12)	M	6:00 p-7:00 p	\$38
Yoga	13 – 9/19	W	9:45 a-10:45 p	\$41
Yoga	12 – 9/20 (No class 11/22)	TH	6:00 p-7:00 p	\$38
Zumba Fitness	12 – 9/17 (No class 11/12)	M	5:30 p-6:15 p	\$28
<u>Adult Dance</u>				
Ballroom Dance	6 – 9/17	M	7:30 p-8:15 p	\$34 couple
Ballroom Dance	6 – 10/29 (No class 11/12)	M	7:30 p-8:15 p	\$34 couple
Country Line Dancing	6 – 9/17	M	5:30 p-6:15 p	\$17
Country Line Dancing	6 – 10/29 (No class 11/12)	M	5:30 p-6:15 p	\$17
Country Two Step & Triple Step Dance	6 – 9/17	M	6:30 p-7:15 p	\$34 couple
Country Two Step & Triple Step Dance	6 – 10/29 (No class 11/12)	M	6:30 p-7:15 p	\$34 couple
<u>Adult Languages</u>				
Spanish – Basics	6 – 9/19	W	5:30 p-7:00 p	\$27
Spanish – Basics	5 – 11/7 (No class 11/21)	W	5:30 p-7:00 p	\$23
<u>Adult Martial Arts</u>				
Tae Kwon Do - Beg. (6+yrs)	12 – 9/18	T/TH	6:15 p-7:15 p	\$36
Tae Kwon Do – Beg. (6+yrs)	12 – 10/30 (No class 11/6 & 11/22)	T/TH	6:15 p-7:15 p	\$36
Tae Kwon Do - Int. (6+yrs)	12 – 9/18	T/TH	7:15 p-8:15 p	\$36
Tae Kwon Do – Int. (6+yrs)	12 – 10/30 (No class 11/6 & 11/22)	T/TH	7:15 p-8:15 p	\$36

Adult Special Interests

Digital Photography Basics	3 – 9/18	TU	6:00 p-8:00 p	\$25
Genealogy – Beg.	4 – 9/20	TH	6:00 p-7:30 p	\$22
Genealogy – Beyond the Basics	4 – 10/25	TH	6:00 p-7:30 p	\$22
Mah Jongg – Beg.	4 – 11/3 (No class 11/24)	SA	9:30 a-12:00 p	\$36

Adult Sports

Fencing (Ages 13+)	12 – 9/20	TH	6:30 p-7:30 p	\$51
Intro to Pickleball	5 – 9/19	W	1:00 p-2:30 p	\$32
Pickleball – Open Gym	13 – 9/18	TU	1:00 p-3:00 p	\$2 per visit
Pickleball – Open Gym	15 – 9/22	SA	1:00 p-3:00p	\$2 per visit
Pickleball - Open Gym - Advanced	14 – 9/20 (No class 11/22)	TH	1:00 p-3:00 p	\$2 per visit
Pickleball – Open Gym - Beginners	13 – 9/21 (No class 10/26 & 11/23)	F	1:00 p-3:00 p	\$2 per visit

YOUTH (ages 6-15 unless indicated differently)**Youth Art**

Color Your World (Ages 6-11)	6 – 9/23	SA	12:00 p-1:00 p	\$29
Mixed Media Mayhem (Ages 6-12)	6 – 9/22	SA	10:30 a-11:30 a	\$29

Youth Dance

Ballet & Tap – Int. (Ages 4 – 10)	10 – 9/18	TU	6:40 p-7:25 p	\$33
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Youth Fitness

Kids Yoga (Ages 6 – 12)	10 – 9/18	TU	5:00 p-5:45 p	\$23
Mommy & Me Yoga (Ages 3-6 w/parent)	10 – 9/18	TU	6:00 p-6:45 p	\$30

Youth Martial Arts

Tae Kwon Do - Beg. (Ages 6+)	12 – 9/18	T/TH	6:15 p-7:15 p	\$36
Tae Kwon Do - Beg. (Ages 6+)	12 – 10/30 (No class 11/6 & 11/22)	T/TH	6:15 p-7:15 p	\$36
Tae Kwon Do - Int. (Ages 6+)	12 – 9/18	T/TH	7:15 p-8:15 p	\$36
Tae Kwon Do - Int. (Ages 6)	12 – 10/30 (No class 11/6 & 11/22)	T/TH	7:15 p-8:15 p	\$36

Youth Sports

Basketball Clinic (Ages 6-10)	5 – 11/2 (No class 11/23)	F	6:10 p-6:55 p	\$18
Fencing (Ages 13+)	12 – 9/20	TH	6:30 p-7:30 p	\$51
Soccer Clinic (Ages 6-10)	5 – 9/21	F	6:10 p-6:55 p	\$18
Tennis – Tots/Youth (Ages 4-7)	5 – 9/18	TU	6:00 p-6:45 p	\$25
Tennis – Youth (Ages 8 – 15)	5 – 9/18	TU	6:45 p-7:45 p	\$30

TOTS (ages 3 – 5 unless indicated differently)**Tots Art**

Little Artists	6 – 9/22	SA	9:30 a-10:15 a	\$22
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Tots Dance

Ballet & Tap – Beg. (Ages 3 – 5)	10 – 9/18	TU	5:45 p-6:30 p	\$33
Ballet & Tap – Int. (Ages 4 – 10)	10 – 9/18	TU	6:40 p-7:25 p	\$33

Tots Fitness

Mommy & Me Yoga (Ages 3-6 w/parent)	10 – 9/18	TU	6:00 p-6:45 p	\$30
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Tots Sports

Basketball Clinic	5 – 11/2 (No class 11/23)	F	5:15 p-6:00 p	\$18
Soccer Clinic	5 – 9/21	F	5:15 p-6:00 p	\$18
Tennis – Tots/Youth (Ages 4-7)	5 – 9/18	TU	6:00 p-6:45 p	\$25