

# Empire Dance Center

## Class Schedule for the 2025-26 Dance Season

### as of 1/13

\* company classes. By invite only

#### Studio A

#### Studio B

#### MONDAYS

4:30 - 5:15	Junior Jazz (8-11 yrs)	Brooke	3:45 - 4:30	Youth Ballet (5-7yrs.)	Brooke	
5:15-6:00	Tap 2/3	Nicole/Brooke	4:30 - 5:15	Youth Hip Hop (5-7yrs.)	Cody	
6:00-6:45	Hip Hop 3	Justin	5:15-6:00	Junior Tap (8-11 yrs)	Brooke/Nicole	
6:45-8:00	Ballet 3/4	Brooke	6:00-6:45	Hip Hop 2	Cody	
8:00-9:00	Technique 4	Rotation	6:45-7:30	Boys Hip Hop ( 8+ Yrs)	Justin	

#### TUESDAYS

3:45 - 4:45	Technique 3	Katie	3:45-4:15	Mini Rehearsal * (HH)	Justin
4:45-5:45	Ballet 3	Katie	4:15-5:00	Youth Technique (5-7 yrs)	Nicole
6:00-6:45	Contemporary/Lyrical 3	Brady	5:00-5:45	Youth Ballet (5-7 yrs)	Brooke
6:45-7:45	Ballet 4	Katie	5:45-6:30	Teen Jazz 2 (11+ yrs)	Brooke
7:45-8:30	Contemporary/Lyrical 4	Brady	6:45-7:30	Company Rehearsal*	Brady
8:30 - 9:00	Company Rehearsal*	Brady			

#### WEDNESDAYS

			10:00-10:45	Children's Ballet & Tap (3-5 yrs)	Nicole
			11:00-11:45	Children's Tot Hop (3 -5 yrs)	Nicole
3:45-4:30	Youth Lyrical (5-7 yrs.)	Brooke			
4:30-5:15	Junior Ballet 1 (8-11 yrs)	Brooke	3:45 - 4:30	Children's Tot Hop (3-5 yrs)	Nicole
5:30-6:15	Tumbling 1/2 (8&up)	Justin	4:30 - 5:15	Youth Hip Hop (5-7 yrs)	Justin
6:15-7:00	Tumbling 3	Justin	5:15 - 5:45	Mini Rehearsal * (jazz)	Brooke
7:15-8:15	Technique 3/4	Rotation	6:30-7:00	Junior Rehearsal* (lyrical)	Brooke

#### THURSDAYS

3:45-4:45	Junior Technique* (8-11 yrs)	Brooke	3:45-4:30	Petite Team Class*	Nicole
4:45-5:45	Technique 3	Brooke	4:30-5:00	Petite Team Rehearsal*	Nicole
5:45-6:30	Jazz 3	Rotation	5:00-5:45	Junior Hip Hop (8-11 yrs)	Justin
6:30-7:30	Technique 4	Rotation	5:45-6:30	Junior Rehearsal (HH)*	Justin
7:30-8:15	Jazz 4	Rotation	6:30-7:15	Teen Hip Hop 1	Justin
8:15-9:00	Company Rehearsal*	Nicole			

#### FRIDAYS

3:45-4:30	Junior Lyrical 2 (8-11 yrs)	Brooke	3:00-3:45	Children's Dance with Me (18 months-2.5 yrs)	Nicole
4:30-5:30	Junior Ballet 2* (8-11 yrs)	Katie	3:45-4:30	Children's Ballet & Tap (3-5 yrs)	Nicole
5:30-6:00	Junior Rehearsal (jazz)*	Rotation	4:30-5:15	Youth Ballet & Tap (5 -7 yrs.)	Brooke

#### SATURDAYS

10:15-11:15	Stretch, Strength and Flexibility	Katie	10:00-10:45	Children's Ballet & Tap (3.5-5 yrs)	Brooke
11:15-12:00	Turns & Jumps*	Katie	10:45-11:30	Children's Ballet & Tap (2.5-3.5 yrs)	Nicole
12:15-1:00	Pointe	Katie/Brooke	11:30-12:15	Youth Tumbling (5-7 yrs)	Justin
	Company Rehearsals*			Company Rehearsals*	