

Parent/Caregiver Nourishment



Kitchenette Access:

- Parent/caregivers can ask their bedside nurse to access the kitchenette for them.
- If you would like to bring food that must be refrigerated, it must be in plastic containers that will be sanitized.
- All containers must be labelled with the patient name and date.
- Once an item has been taken into a patient room, **it cannot** be placed back into the fridge.
- Please ask for all of your items prior to discharge.
- Drinking water can be accessed by asking your nurse or a Health Care Aide (HCA).

Alternatives:

Cooler

- Bring your items in a cooler with ice-packs to be kept in your room.

Food Delivery Services

- Delivery persons must be met outside of the building – ask staff if you need assistance.
- Styrofoam and cardboard food packaging cannot be placed in the kitchenette fridge.