

**PYTHIAS A. AND VIRGINIA I. JONES
AFRICAN AMERICAN COMMUNITY
FORUM ON MEMORY LOSS**

*Finding Hope Through Early Detection,
Education and Research*

Co-sponsors



Johns Hopkins
Geriatric Workforce Enhancement Program



Johns Hopkins
Alzheimer's Disease
Research Center



Register at bit.ly/2021AACF
or call 800-272-3900

90-minute FREE Virtual Presentations
Saturdays, November 6, 13, 20 and
December 4, 2021
10-11:30 a.m.

This event is named in memory of Pythias A. and Virginia I. Jones, who were both affected by dementia. They are the parents of the Honorable Verna Jones, -Rodwell, Ernestine Jones Jolivet, Pythias D. Jones, M.D., the late Alvin A. Jones, and the late Gilda Jones Garrett.

Register for individual sessions or attend all four. After registering, a Zoom link will be sent by email. Each session is interactive and concludes with Q&A with presenters.

NOVEMBER 6

**DEMENTIA IN THE BLACK COMMUNITY:
RISKS AND INEQUITIES**

Dr. Carl V. Hill, Ph.D., MPH
Chief Diversity, Equity and Inclusion Officer,
Alzheimer's Association

NOVEMBER 13

**HAVING A SEAT AT THE TABLE:
HONORING OUR ANCESTORS THROUGH THE
PROMISE OF RESEARCH**

Dr. Chiadi Onyike M.B.B.S., M.D.,
Director, Frontotemporal Dementias Program,
Associate Professor of Psychiatry
and Behavioral Sciences, Johns Hopkins

**New IDEAS Study: Why Communities of Color
Need to be Represented in Clinical Trials**

Dr. Peggye Dilworth Anderson, Ph.D.
Professor of Health Policy and Management at the
Gillings School of Global Public Health,
University of North Carolina-Chapel Hill

NOVEMBER 20

**CAREGIVING CHALLENGES, RESOURCES,
AND CANDID CONVERSATIONS**

Rita Choula
Director of Caregiving
AARP Public Policy Institute

Voices of Experience: Panel Discussion
Facilitator:
Dr. Claudia Thorne, Ph.D., LCSW, LISW
Assistant Professor, Department of Social Work,
College of Behavioral and Social Sciences,
Coppin State University

- Esther A. Leslie Avery, Spouse and Caregiver
- Dr. Laurencia Hutton-Rogers, Student and Caregiver
- Al Powell, Re/MAX Realty Broker, Former Caregiver

Optional:
30-minute education program after the session:
Effective Communication Strategies for Caregivers

DECEMBER 4

**BRAIN HEALTH AND RISK REDUCTION:
THE ROLE OF NUTRITION AND EXERCISE
IN BRAIN HEALTH**

Renaye Briscoe
Certified Exercise Instructor
Zumba Warm-up

Angela Ginn-Meadow, RD, LDN, RN, CDE
Senior Education Coordinator, University of Maryland
Center for Diabetes and Endocrinology

Kai Rundquist
Food Distribution & Outreach Coordinator,
Civic Works Mobile Farmers Market

Optional:
30-minute education program after the session:
Healthy Living for Your Brain and Body