

The Joy of Living Retreat

July 11, 2026, 9:30-3:00

Grace Lutheran Church Wellness Center

2191 West Chester Pike, Broomall, PA

www.gracebroomall.org

Laughter and Love Give Us Health and Wholeness!

Come ready to take deep breaths, laugh, and playfully experiment with new tools for joyful living and creating your self-care toolbox!

Registration & Coffee: 9:30 a.m. Retreat: 10:00 a.m. to 3:00 p.m.

Cost: \$60 per person, including all materials, snacks, and lunch.

Presented by Sister D'Etta Broam

Deacon for Health and Wholeness

Retreat Leader and Certified Yoga Therapist



GRACE
Lutheran Church



Please RSVP by July 6, 2026

